



# SMALL STEPS BIG REWARDS

## Choose 2 Lose

C2L is a 12 week program:  
January 7-March 29  
Registration is open!  
Member: \$50  
Non-members: \$149  
(includes 3 month membership)

## PROGRAM MISSION

Utilize the knowledge of health experts to cultivate healthy life skills and behavior changes in C2L participants.

## SNOW DAYS: WASD/GASD:

When there is a SNOW DAY closing for schools, we will provide the SNOW DAYCARE for parents to bring their children (7:00am-6:00pm). You do not have to be a member to enroll. Children should arrive to the Y no later than 8:45am with a packed lunch and swimsuit, afternoon snack is provided. Parents must pay at enrollment/dropping of child. 7:00am-6:00pm  
**Member:\$21.00/ day Non-Member:\$25.00/ day**



## Weather/Cancellation Policy

We follow WASD to determine our weather delays/closures for programs. Unless our building closes, facilities will remain open for recreational use. Updated information and cancellations are posted on our website and YMCA Facebook page.



Our Winter program and membership guide has all the information you need to keep your family busy this winter season. Registration is now open for Winter 1.

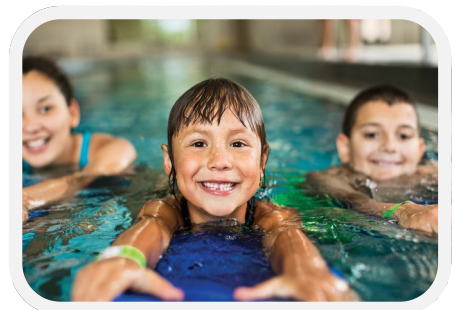


## YOUTH BASKETBALL LEAGUE

Registration is open for youth K-6th grades to learn the game of basketball! Learn the basic skills with instruction the first 3 weeks and gameplay the following weeks. Saturdays starting in January.  
**Members: \$55 Non-members: \$95**



From swimming lessons and kick boards to aqua-fit with seniors, we have the pools for you! When it's the cold outside, our pools are warm with ample time for lap swim, open swim, family swim and programs!



## 2018 Session Dates:

Winter 1: Jan. 2-Feb. 18  
Winter 2: Feb. 19-April 8

Registration for Winter 1:  
NOW Open to ALL!

## WINTER HOURS:

Monday– Thursday

5:00a– 10:00p

Friday 5:00a– 9:30p

Saturday 6:30a– 8:30

Sunday 1:00p– 5:00p

MEMBER SERVICES DESK CLOSES

30 MINUTES BEFORE BUILDING

PRIOR TO BUILDING CLOSING