

Pool 1 Schedule - January 2nd - May 24th

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
5:30AM	3: TRAIN & MAINTAIN 3: LAP SWIM/JOG 5:30-6:45	3: SWIM TEAM 3: LAP SWIM/JOG 5:30-6:45	3: TRAIN & MAINTAIN 3: LAP SWIM/JOG 5:30-6:45	3: SWIM TEAM 3: LAP SWIM/JOG 5:30-6:45	3: TRAIN & MAINTAIN 3: LAP SWIM/JOG 5:30-6:45	POOL CLOSED 5:30-6:30	Y CLOSED		
6:00AM									
6:30AM									
7:00AM	LAP SWIM/ AQUA JOG 6:45-8:55	LAP SWIM/ AQUA JOG 6:45-8:55	LAP SWIM/ AQUA JOG 6:45-8:55	LAP SWIM/ AQUA JOG 6:45-8:55	LAP SWIM/ AQUA JOG 6:45-8:55	LAP SWIM 6:30-8:50			
7:30AM									
8:00AM									
8:30AM									
9:00AM	4: POWER HOUR 2: LAP SWIM 9:00-10:00	2: DEEP WATER 4: LAP SWIM/JOG 9:00-10:00	4: POWER HOUR 2: LAP SWIM 9:00-10:00	2: DEEP WATER 4: LAP SWIM/JOG 9:00-10:00	4: POWER HOUR 2: LAP SWIM 9:00-10:00	4: SWIM TEAM 7:45-9:30 2-3: LESSONS 8:50-9:30			
9:30AM									
10:00AM	LAP SWIM/ AQUA JOG 10:05-3:00	LAP SWIM/ AQUA JOG 10:00-10:40	LAP SWIM/ AQUA JOG 10:05-3:00	LAP SWIM/ AQUA JOG 10:00-10:40	LAP SWIM/ AQUA JOG 10:05-3:00	SWIM LESSONS 9:30-11:45			
10:30AM									
11:00AM		3: HOMESCHOOL 3: LAP SWIM 10:40-12:00		3: HOMESCHOOL 3: LAP SWIM 10:40-12:00					
11:30AM									
12:00PM		LAP SWIM/ AQUA JOG 12:00-3:00		LAP SWIM/ AQUA JOG 12:00-3:00		LAP SWIM/ AQUA JOG 12:00-3:00	LAP SWIM/ AQUA JOG 12:00-3:00	LAP SWIM 11:45-1:00	
12:30PM									
1:00PM									
1:30PM									
2:00PM		SWIM TEAM 3:00-6:45		SWIM TEAM 3:00-6:45		2: TEEN SWIM 4: LAP SWIM 3:00-4:00	SWIM TEAM 3:00-6:45	SWIM TEAM 3:00-6:45	4: LAP SWIM 2: OPEN SWIM 1:00-4:30
2:30PM									
3:00PM									
3:30PM									
4:00PM	SWIM TEAM 3:00-6:45	SWIM TEAM 3:00-6:45	SWIM TEAM 4:00-6:45	SWIM TEAM 3:00-6:45	SWIM TEAM 3:00-6:45	2: OPEN SWIM 4: LAP SWIM 1:00-4:00			
4:30PM									
5:00PM									
5:30PM									
6:00PM	SWIM LESSONS 6:45-7:50	SWIM LESSONS 6:45-7:30	SWIM LESSONS 6:45-7:50	SWIM LESSONS 6:45-7:30	SWIM LESSONS 6:45-7:30	RENTALS 4:30-8:00			
6:30PM									
7:00PM									
7:30PM									
8:00PM	3: TRAIN & MAINTAIN 3: LAP SWIM 7:50-9:00	2: DEEP WATER 4: LAP SWIM 7:30-9:00	LAP SWIM 7:50-9:00	2: DEEP WATER 4: LAP SWIM 7:30-9:00	RENTALS 7:30-9:00	Y CLOSING AT 8:30			
8:30PM									
9:00PM									
10:00PM	Y CLOSING AT 10:00				Y CLOSING AT 9:30	Y CLOSING AT 5:00			

OPEN SWIM

Adult: Open to anyone 9th grade and older

Teen: 2-3 lanes open to 7th grade & older, must take a swim test for Lifeguard to know swimming ability

Lap: 7th grade and older, must swim laps. Additional activities may share the pool with lap swim during low use times

Open: Open to anyone, 6th grade and younger must be with an adult; under age 6 must be with an adult in water, 2 lanes available for lap swimmers only

POOL RULES:

1. Any child under the age of 6 or Any child that wears a floatation device, must be accompanied in the pool by someone in 1 2th grade or older
2. While we offer basic "bubble" flotation devices, please ask the lifeguard on duty to use other items from the aquatics closet
3. The lifeguard is to maintain the pool deck space. The guard on duty is to enforce all rules and all swimmers should comply