

## YOU BELONG HERE! WE ARE MORE THAN A GYM

HOUSEHOLD MEMBERSHIP CATEGORIES AND RATES	
Category	Monthly Fe
<b>Youth</b> (age 6-12)	\$11
<b>Teen</b> (age 13-18)	\$14
Young Adult age 19-23)	\$23
Adult age 24-61)	\$34
<b>1 Adult Family</b> 1 adult age 19-61 residing at the same address with dependants age 24 and under who are still at home, at college)	\$43
<b>2 Adults Family</b> 2 adults age 19-61 residing at the same address with dependants age 24 and under who are still at home, at college)	\$58
Senior age 62+)	\$30.60
2 Seniors	\$52.20

### **HOW DO I GET STARTED WITH MY MEMBERSHIP TODAY?**

1. Select your membership category

(2 adults age 62+ residing at the same address)

- 2. Complete, Read and Sign a Membership Application Form
- 3. Select your payment type:
- Annual: membership is effective for one year from date joining
- > Short Term: 3 or 6 months, membership is effective for short term period from date joining
- Monthly billing: Complete, Read and Sign an Electronic Funds Transfer Authorization Form, provide a voided check or credit card number and pay pro-rated membership fee for the current month. Monthly membership dues will be deducted directly from a specified account every month.
- Monthly Pay at Desk: Complete, Read & Sign a Monthly-Pay-At-Desk form & pay monthly membership fee
- 4. Have photo taken and receive membership key fob
- 5. Schedule your Personal Fitness Orientation appointment









### HOUSEHOLD MEMBERSHIP CATEGORY BENEFITS

# YOUNG ADULT, ADULT AND SENIOR ADULT MEMBERSHIP BENEFITS

#### Strive Wellness Center

- Free Fitness Orientation to help you design a fitness program that helps you accomplish your fitness goals
- 15 stations of Strive adjustable weight resistance equipment and cardio machines

### **Group Exercise Classes**

Spinning, Yoga, Silver Sneakers Classic,
 Les Mills Body Combat and CXWORX, just to
 name a few

### 2 Indoor heated pools

- 25-meter, 6-lane pool with Lap and Rec Swimming available
- 3' to 5' depth, water temp is 90 degrees, families enjoy our small pool

### 2 Gymnasiums

 Open Gym times for walkers, basketball, volleyball and pickle ball

#### The Rock: Indoor Climbing Wall

- 20 foot indoor climbing face with various levels of difficulty set and managed by a trained staff
- Self-belay system for ultimate safety

### Racquetball Court

• Equipment to borrow at member services

### Nautilus/Free Weight Room

1200 square feet of equipment and free weights

### **Child Watch Babysitting**

 A safe and fun place to leave your child while you work out

Special member pricing on program registrations and member-only events

Waynesboro Area YMCA is a member of the PA YMCAs Membership Reciprocity Program that gives you access to most of the PA Ys at no additional cost

# MEMBERSHIP BENEFITS FOR DEPENDANTS AGE 13-18

Most of the same membership benefits as Adult

### Teen Center

- Lounge for homework or socialization
- Ping-Pong, foosball, air hockey, Xbox and TV
- A safe place for your child to hang out with friends or make new ones

### **Special Member Pricing on Programs**

- Youth Sports
- Summer and Youth Sports Camps
- Leadership Development Programs

# MEMBERSHIP BENEFITS FOR DEPENDANTS AGE 12 and Under

### Kidz Zone Indoor Playground

• Open to kids 6<sup>th</sup> grade and younger with parents

### **Special Member Pricing on Programs**

- Youth Sports
- Youth Sports and Summer Camps
- Swim Lessons
- Family Game Night

### Open 7 days a week!

### Winter Building Hours

Monday-Thursday	5:00a-10:00p
Friday	5:00a-9:30p
Saturday	6:30a-8:30p
Sunday	1:00p-5:00p

#### Member Services Hours

Monday-Thursday	7:00a-9:30p
Friday	7:00a-9:00p
Saturday	7:00a-8:00p
Sunday	1:00-4:30p

### **Current Child Watch Hours:**

 Monday-Thursday
 8:30a-8:30p

 Friday
 8:30a-7:00p

 Saturday
 9:00a-12:30p







