

# HOUSEHOLD MEMBERSHIP CATEGORY BENEFITS

## YOUNG ADULT, ADULT AND SENIOR ADULT MEMBERSHIP BENEFITS

### Strive Wellness Center

- Free Fitness Orientation to help you design a fitness program that helps you accomplish your fitness goals
- 15 stations of Strive adjustable weight resistance equipment and cardio machines

### Group Exercise Classes

- Spinning, Yoga, Silver Sneakers Classic, Les Mills Body Combat and CXWORX, just to name a few

### 2 Indoor heated pools

- 25-meter, 6-lane pool with Lap and Open swimming available
- 3' to 5' depth, water temp is 90 degrees, families enjoy our small pool

### 2 Gymnasiums

- Open Gym times for walkers, basketball, volleyball and pickle ball

### The Rock: Indoor Climbing Wall

- 20 foot indoor climbing face with various levels of difficulty set and managed by a trained staff
- Self-belay system for ultimate safety

### Racquetball Court

- Equipment to borrow at member services

### Nautilus/Free Weight Room

- 1200 square feet of equipment and free weights

### Child Watch Babysitting

- A safe and fun place to leave your child while you work out

Special member pricing on program registrations and member-only events

Waynesboro Area YMCA is a member of the YMCA Nationwide Membership Reciprocity Program that gives you access to most Ys at no additional cost.

## MEMBERSHIP BENEFITS FOR DEPENDANTS AGE 13-18

Most of the same membership benefits as Adult

### Teen Center

- Lounge for homework or socialization with Xbox and TV
- A safe place for your child to hang out with friends or make new ones

### Special Member Pricing on Programs

- Youth Sports
- Summer and Youth Sports Camps
- Swim Lessons

## MEMBERSHIP BENEFITS FOR DEPENDANTS AGE 12 and Under

### Kidz Zone Indoor Playground

- Open to kids 6<sup>th</sup> grade and younger with parents

### Special Member Pricing on Programs

- Youth Sports and Summer Camps
- Swim Lessons and Child Care

## Open 7 days a week!

### Winter Building Hours

Monday-Thursday	5:00a-10:00p
Friday	5:00a-9:30p
Saturday	6:30a-8:30p
Sunday	1:00p-5:00p

### Member Services Hours

Monday-Thursday	7:00a-9:30p
Friday	7:00a-9:00p
Saturday	7:00a-8:00p
Sunday	1:00-4:30p

### Current Child Watch Hours:

Monday-Thursday	8:30a-1:00pm & 3:00p-8:30p
Friday	8:30a-1:00pm & 3:00p-7:00p
Saturday	9:00a-12:00p





# YOU BELONG HERE! WE ARE MORE THAN A GYM

## HOUSEHOLD MEMBERSHIP CATEGORIES AND RATES

(Effective 9/1/2019)

Category	Monthly Fee
<b>Youth</b> (age 6-12)	<b>\$12</b>
<b>Teen</b> (age 13-18)	<b>\$15</b>
<b>Young Adult</b> (age 19-23)	<b>\$24</b>
<b>Adult</b> (age 24-61)	<b>\$35</b>
<b>1 Adult Family</b> (1 adult age 19-61 residing at the same address with dependants age 24 and under who are still at home, at college)	<b>\$44</b>
<b>2 Adults Family</b> (2 adults age 19-61 residing at the same address with dependants age 24 and under who are still at home, at college)	<b>\$59</b>
<b>Senior</b> (age 62+)	<b>\$31.50</b>
<b>2 Seniors</b> (2 adults age 62+ residing at the same address)	<b>\$53.10</b>

### HOW DO I GET STARTED WITH MY MEMBERSHIP TODAY?

1. Select your membership category
2. Complete, Read and Sign a Membership Application Form
3. Select your payment type:
  - Annual: membership is effective for one year from date joining
  - Short Term: 3 or 6 months, membership is effective for short term period from date joining
  - Monthly billing: Complete, Read and Sign an Electronic Funds Transfer Authorization Form, provide a voided check or credit card number. Monthly membership dues will be deducted directly from a specified account every month.
  - Monthly Pay at Desk: Complete, Read & Sign a Monthly-Pay-At-Desk form & pay monthly membership fee
4. Have photo taken and receive membership key fob
5. Schedule your Personal Fitness Orientation appointment if desired

