

Lifeguard Training Class

Red Cross
Blended Learning

Lifeguard Certification lasts 2 years and includes 1st Aid & CPR along with a Lifeguard book and mask.



Participants must:

Complete all eLearning content, including the eLearning written exam (CPR/AED for Professional Rescuers and First Aid).

Attend the entire course and participate in all class sessions.

Actively participate in all course activities, including assuming various roles during scenarios.

Demonstrate competency in all required skills.

Pass the final skills scenarios.

Successfully pass final written exams with a minimum grade of 80 percent.

Must have 3 students signed up to hold class

Prerequisite: Must be at least 15 yrs old & pass a swim test (300 meter continuous swim; freestyle, breaststroke or alternating both with face in the water, 2 min of treading with arms crossed and hands in armpits; legs only & then swim 20 meters, surface dive to retrieve a 10lb object at 7-10ft return to starting point within 1:40)

Swim Test: Please email director as soon as you sign up, to schedule a 30min time period before the first day of class

Classroom Days/Times: Friday March 27th 3-9pm
Saturday March 28th 9am-6pm
Sunday March 29th 10am- 3pm

Price: Members- \$180
Non-Members- \$255

For More Info: Emily Miller- Aquatics Director @ Emily@waynesboroymca.org or 717-762-6012 ext.