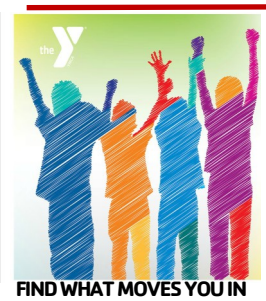
the YMCA OUR VOICE



Our Winter Session 1 is going great and our Winter 2 Session activities start on February 24th. Registration for members is open and non-members can register starting Feb. 12th. Pick up a brochure or check out our website www.waynesboroymca.org

In 2020, your goal is to live a healthier, more active life and we want to help you and a FRIEND! When you and your friend commit to the Y together, you both enjoy an exclusive 20% membership savings off the standard adult or family membership rate each month! Stop at the Member Service desk to find out more!

2019/2020
Session Dates:

Winter 1: Jan. 6-Feb. 23
Winter 2: Feb. 24-April 12
Registration dates:
Members: Open
Non Members: Wed. Feb. 12

Winter
BUILDING HOURS
Monday– Thursday
5:00a– 10:00p
Friday 5:00a– 9:30p
Saturday 6:30a– 8:30P
Sunday 1:00p– 5:00p

MEMBER SERVICES DESK CLOSES
30 MINUTES BEFORE BUILDING CLOSES

C2C Session 2

February 23—April 13

Taking the next steps toward living a healthy lifestyle! This 6 week session will dive into more advanced programming to challenge participants and help you grow in your fitness journey. Session 2 is designed to compliment Session 1, refresh goals for pervious C2L participants, or as a stand-alone program for health seekers who desire a personal hands-on experience. Suitable for beginners and experienced exercisers.

Registration includes:

- 3 Bootcamp classes/week
- Express Bodypump
- Aquatics classes
- Trainer-led classes
- 2 Free InBody scans
- Incentives
- And more!*

Looking for a great place to work and play this summer?

Join our summer camp counselor team and make a positive and lasting impact on the lives of children, adults and families.

Applications are available on our website waynesboroymca.org or you can stop by our front desk to pick one up.

Summer camp counselors have a unique opportunity creating meaningful relationships with campers, parents, and co-workers alike.

They are active throughout the summer planning, running games, field trips, and much more!