

Pool 1 Schedule - January 6th- May 31st

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30AM	2: TRAIN & MAINTAIN 4: LAP SWIM/JOG 5:30-6:45	LAP SWIM/ JOG 5:30-8:55	2: TRAIN & MAINTAIN 4: LAP SWIM/JOG 5:30-6:45	LAP SWIM/ JOG 5:30-8:55	LAP SWIM/ AQUA JOG 5:30-8:55	POOL CLOSED 5:30-6:30	Y CLOSED	
6:00AM			LAP SWIM/ AQUA JOG 6:45-8:55			LAP SWIM/ AQUA JOG 6:45-8:55		LAP SWIM 6:30-7:45
6:30AM								
7:00AM								
7:30AM								
8:00AM								
8:30AM	4: LAP SWIM 7:45-9:30 2-3: LESSONS 8:50-9:30							
9:00AM	4: POWER HOUR 2: LAP SWIM 9:00-10:00	2: DEEP WATER 4: LAP SWIM/JOG 9:00-10:00	4: POWER HOUR 2: LAP SWIM 9:00-10:00	2: DEEP WATER 4: LAP SWIM/JOG 9:00-10:00	4: POWER HOUR 2: LAP SWIM 9:00-10:00	SWIM LESSONS 9:30-11:45		
9:30AM	LAP SWIM/ AQUA JOG 10:05-3:00	LAP SWIM/ AQUA JOG 10:00-10:40	LAP SWIM/ AQUA JOG 10:05-3:00	LAP SWIM/ AQUA JOG 10:05-10:40	LAP SWIM/ AQUA JOG 10:05-3:45			LAP SWIM 11:45-1:00
10:00AM		3: HOMESCHOOL 3: LAP SWIM 10:40-11:30		3: HOMESCHOOL 3: LAP SWIM 10:40-11:30				
10:30AM		LAP SWIM/ AQUA JOG 11:30-3:00		LAP SWIM/ AQUA JOG 11:30-3:00				LAP SWIM/ AQUA JOG 11:30-3:00
11:00AM								
11:30AM								
12:00PM								
12:30PM								
1:00PM								
1:30PM	SWIM TEAM 3:00-6:45	SWIM TEAM 3:00-6:45	2: TEEN SWIM 4: SWIM TEAM 3:00-4:00	SWIM TEAM 3:00-6:45	SWIM TEAM 3:45-5:45	4: LAP SWIM 2: OPEN SWIM 1:00-4:30		
2:00PM								
2:30PM								
3:00PM								
3:30PM	SWIM TEAM 3:00-6:45	SWIM TEAM 3:00-6:45	SWIM TEAM 4:00-6:45	SWIM TEAM 3:00-6:45	3: LAP SWIM 3: OPEN SWIM 5:45-7:30	RENTALS 4:30-8:00		
4:00PM								
4:30PM								
5:00PM								
5:30PM								
6:00PM								
6:30PM	SWIM LESSONS 6:45-7:50	SWIM LESSONS 6:45-7:30	SWIM LESSONS 6:45-7:50	SWIM LESSONS 6:45-7:30	RENTALS 7:30-9:00	Y CLOSES AT 8:30		
7:00PM								
7:30PM								
8:00PM	2:LESSONS 2:LAP SWIM 2: OPEN SWIM 7:30-9:00	2: DEEP WATER 4: LAP SWIM 7:30-9:00	2:LESSONS 2:LAP SWIM 2: OPEN SWIM 7:30-9:00	2: DEEP WATER 4: LAP SWIM 7:30-9:00	Y CLOSES AT 9:30			
8:30PM								
9:00PM								
10:00PM	Y CLOSES AT 10:00							

OPEN SWIM

Adult: Open to anyone 18 years of age or older

Teen: 2 lanes open to 7th grade & older, must take a swim test for Lifeguard to know swimming ability

Lap: 7th grade and older, must swim laps. Additional activities may share the pool with lap swim during low use times

Open: Open to anyone, 6th grade and younger must be with an adult; under age 6 must be with an adult in water, 2 lanes available for lap swimmers only

POOL RULES:

- Any child under the age of 6 or Any child that wears a floatation device, must be accompanied in the pool by someone in 12th grade or older
- While we offer basic "bubble" flotation devices, please ask the lifeguard on duty to use other items from the aquatics closet
- The lifeguard is to maintain the pool deck space. The guard on duty is to enforce all rules and all swimmers should comply

