

WAYNESBORO AREA YMCA

May 2020



WAYNESBORO AREA YMCA KEEPING YOU CLOSE

Your Y's mission is to connect people, build relationships, support each other, navigate a path to health and wellness, and combat the serious issues affecting our community.

For the past 105 years, we've been on the forefront of good health, building community, and keeping social exclusion at bay. How? We welcome the community into our facility with smiling faces and inquires about individuals' well-being. We lead fitness classes with a friendly and warm spirit. We invite families to participate in actives that help them grow stronger and allow them to have fun together.

Social distancing protocols have changed the way we connect. We have had our doors closed to follow the recommended COVID-19 social distancing practices. But your Y is also in the business of reacting and evolving when our community's needs change. We've done that for the past 105 years and 2020 is no different. Your Y is committed to supporting the community. Right now, our Y staff is working on various projects.



With COVID-19-related school closures and the urgency for essential workers to report to work, there is a critical need for safe child care options across the country. In response, we continue to offer a **Respite Child Care Program** (ages 3

years through 5th grade), serving employees that work for businesses that are permitted to continue operation under the mandate of the PA Governor's Office. For registration information and questions, please contact <u>Karen Walker</u>, <u>Youth Development Director</u>

LIVE FACEBOOK WORKOUTS

Join our Y instructor Sarah for BootCamp on Monday and other great classes through the week. We know you miss your Y workouts,

so we've bringing them to you over the past month via our LIVE Facebook page! We post the <u>weekly schedule</u> on our <u>Virtual Y</u> page.



The Y staff has begun calling our older adult members. We're checking in, listening to worries, asking about their needs and sharing stories. While communications with our older adults is a top priority, all our members are on our minds. We are reaching out to families and keeping everyone updated through social media posts and e-mails. We are

here for you, feel free to reach out and contact us at anytime.



The Waynesboro Area YMCA's <u>Virtual Y</u> offers many resources to stay connected. From kid-friendly crafts and workouts to recipes the whole family can enjoy, new adventures are added weekly. On our YouTube channel you'll find videos from our staff (<u>Celebrating our 105th Birthday</u>) and <u>YMCA360</u> offers a variety of on-demand workout videos. <u>#StayWithUs</u> and you can keep connected through <u>Instagram</u>

Meanwhile, we have been cleaning, sanitizing, painting and updating the facility, inside and out. We are also working to ensure that members and staff are safe and protected at all times at the Y. Plexiglass screens have been installed at the member service desk. Signage is being installed throughout the building. Guidelines, procedures and policies are being developed that promote safety and wellness.



We will abide by strict guidelines and restrictions, doing so with vision, purpose and clarity of the COVID-19 safety procedures and within the mission of the YMCA.



When Franklin County is authorized by Gov. Wolfe to move to the

"Yellow" phase, our YMCA will resume operations as dictated by the state's phases of re-opening. While we are eager to fully re-open our facility, please note that the "Yellow" Phase only applies to the opening of child care facilities. Once the announcement is made that Franklin County is authorized to move to "Yellow", ONLY our Genesis Learning Center program will open. Families previously enrolled in the Genesis program will be contacted as soon as the announcement is made.

Under the current state guidelines, recreation and wellness facilities will be authorized to open in the "Green" Phase. As the potential for opening in the "Green" Phase gets closer, the Y leadership will communicate what adjustments to services will be made and what protocol will be in place in during reopening. We appreciate your support and understanding as we strive to restore services while creating the safest environment possible for both our members and our staff.

You are in our hearts, prayers and our minds. When it is safe to do so, we will open our doors. We look forward to seeing your smiling faces! The Y: We're here for youth development, healthy living and social responsibility.

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