

Pool 1 Schedule - July 5 - August 29 2021

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30AM	LAP SWIM/JOG 5:30-7:00	LAP SWIM/JOG 5:30-7:00	LAP SWIM/JOG 5:30-7:00	LAP SWIM/JOG 5:30-7:00	LAP SWIM/JOG 5:30-7:00	YMCA CLOSED	YMCA CLOSED
6:00AM							
6:30AM							
7:00AM	3: SWIM TEAM 7:00-8:30 3: LAP SWIM	3: SWIM TEAM 7:00-8:30 3: LAP SWIM	3: SWIM TEAM 7:00-8:30 3: LAP SWIM	3: SWIM TEAM 7:00-8:30 3: LAP SWIM	LAP SWIM/JOG 7:15-9:00		
7:30AM							
8:00AM							
8:30AM	4:SWIM TEAM 8:30-9:30 2:LAP SWIM	4:SWIM TEAM 8:30-9:30 2:LAP SWIM	4:SWIM TEAM 8:30-9:30 2:LAP SWIM	4:SWIM TEAM 8:30-9:30 2:LAP SWIM	LAP SWIM/JOG 8:30-9:30	YMCA CLOSED	
9:00AM							
9:30AM	3:POWER HOUR 9:30-10:30 3:LAP SWIM	3:DEEP WATER 9:30-10:30 3:LAP SWIM	3:POWER HOUR 9:30-10:30 3:LAP SWIM	3:DEEP WATER 9:30-10:30 3:LAP SWIM	3:POWER HOUR 9:30-10:30 3:LAP SWIM		SWIM LESSONS 9:00-12:10
10:00AM							
10:30AM	2: SWIM LESSONS 4:LAP SWIM 10:30-11:30	4:LAP SWIM 2:OPEN SWIM 10:45-12:30	2: SWIM LESSONS 4:LAP SWIM 10:30-11:30	4:LAP SWIM 2:OPEN SWIM 10:45-12:30	4:LAP SWIM 2:OPEN SWIM 10:45-12:30		
11:00AM	LAP SWIM/JOG 11:30-12:30		LAP SWIM/JOG 11:30-12:30				
11:30AM							
12:00PM	4: DAY CAMP 12:30-2:00 2: LAP SWIM	4: DAY CAMP 12:30-2:00 2: LAP SWIM	4: DAY CAMP 12:30-2:00 2: LAP SWIM	4: DAY CAMP 12:30-2:00 2: LAP SWIM	4: DAY CAMP 12:30-2:00 2: LAP SWIM	RENTALS	4: LAP SWIM 2:OPEN SWIM 1:00-4:00
12:30PM							
1:00PM							
1:30PM							
2:00PM	POOL CLOSED 2:00-4:00	POOL CLOSED 2:00-4:00	POOL CLOSED 2:00-4:00	POOL CLOSED 2:00-4:00	POOL CLOSED 2:00-4:00		
2:30PM							
3:00PM							
3:30PM							
4:00PM	OPEN SWIM 4:00-5:00	OPEN SWIM 4:00-5:00	OPEN SWIM 4:00-5:00	OPEN SWIM 4:00-5:00	OPEN SWIM 4:00-5:00	YMCA CLOSING AT 4:00	YMCA CLOSED
4:30PM							
5:00PM	3: SWIM TEAM 5:00-5:45 3: LAP SWIM	3: SWIM TEAM 5:00-5:45 3: LAP SWIM	3: SWIM TEAM 5:00-5:45 3: LAP SWIM	3: SWIM TEAM 5:00-5:45 3: LAP SWIM	LAP SWIM 5:00-5:45		
5:30PM							
6:00PM	1:LAP SWIM 5: SWIM LESSONS 6:30-7:10	LAP SWIM/AQUA JOG 6:00-8:45	1:LAP SWIM 5: SWIM LESSONS 6:30-7:10	LAP SWIM/AQUA JOG 6:00-8:45	Y CLOSING AT 6:00		
6:30PM	2: SWIM LESSONS 4:LAP SWIM 7:10-8:30		2: SWIM LESSONS 4:LAP SWIM 7:10-8:30				
7:00PM							
7:30PM							
8:00PM							
8:30PM	YMCA CLOSING AT 9:00						
9:00PM							
10:00PM							

OPEN SWIM

Adult: Open to anyone 18 and older

Lap: 13 years and older, must swim laps. Available to swim team participants with director's approval.

Open: Open to anyone, 12 years and younger must be with an adult; under age 6 must be with an adult in water

POOL RULES:

1. Any child under the age of 6 or Any child that wears a floatation device, must be accompanied in the pool by someone 18 or older
2. While we offer basic "bubble" floatation devices, noodles and some toys. All other equipment is for our programs not open swim

