

Gym 2 Schedule for April 1-June 5							
Day/Time	MON	TUES	WED	THUR	FRI	SAT	SUN
5:00 AM	OPEN GYM 5:00 AM-2:30 PM	OPEN GYM 5:00-9:00 AM	OPEN GYM 5:00 AM-12:00 PM	OPEN GYM 5:00 AM -2:30 PM	OPEN GYM 5:00 AM-8:00 AM	THE Y OPENS AT 7:00 AM	THE Y OPENS AT 1:00 PM
6:00 AM						Tumbling Tots 9:00-11:00 AM	
7:00 AM		OPEN GYM 10:00 AM-2:30 PM					
8:00 AM			OPEN GYM 11:00-2:30 PM		PICKLEBALL 12:00-2:00 PM		
9:00 AM		TEEN ACTIVITIES 2:30-3:00 PM				TEEN ACTIVITIES 2:30-3:00 PM	
10:00 AM			TEEN ACTIVITIES 2:30-6:00	GYMNASTICS 3:00-7:00 PM	TEEN ACTIVITIES 2:30-6:00 PM		
11:00 AM		FAMILY RECREATION 6:00-9:00 PM				TAE KWON DO 7:00-8:00 PM	
12:00 PM			THE Y CLOSSES AT 4:00 PM	THE Y CLOSSES AT 5:00 PM			
1:00 PM		THE Y CLOSSES AT 4:00 PM			THE Y CLOSSES AT 5:00 PM		
2:00 PM			THE Y CLOSSES AT 4:00 PM	THE Y CLOSSES AT 5:00 PM			
3:00 PM	THE Y CLOSSES AT 4:00 PM	THE Y CLOSSES AT 5:00 PM					
4:00 PM			THE Y CLOSSES AT 4:00 PM	THE Y CLOSSES AT 5:00 PM			
5:00 PM	THE Y CLOSSES AT 4:00 PM	THE Y CLOSSES AT 5:00 PM					
6:00 PM			THE Y CLOSSES AT 4:00 PM	THE Y CLOSSES AT 5:00 PM			
7:00 PM	THE Y CLOSSES AT 4:00 PM	THE Y CLOSSES AT 5:00 PM					
8:00 PM			THE Y CLOSSES AT 4:00 PM	THE Y CLOSSES AT 5:00 PM			
9:00 PM	THE Y CLOSSES AT 4:00 PM	THE Y CLOSSES AT 5:00 PM					
10:00 PM			THE Y CLOSSES AT 4:00 PM	THE Y CLOSSES AT 5:00 PM			

Gym Rules:

- 1) Open Gym: Open to members and non-members. Anyone under the age of 13 must be accompanied by an adult.
- 2) Member Service: Opens at 7:00 am Monday through Saturday, and 1:00 pm on Sunday. The front desk closes 1/2 hour before the facility closes.

****OPEN GYM TIMES MAY VARY DUE TO SCHOOL'S OUT CLUB**

4/1/2022