

Pool 1 Schedule - APRIL 25 - JUNE 12 2022

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
5:30AM	LAP SWIM/JOG 5:30-9:30		LAP SWIM/JOG 5:30-9:30		LAP SWIM/JOG 5:30-9:30	YMCA CLOSED						
6:00AM												
6:30AM												
7:00AM		LAP SWIM/JOG 6:00-9:30		LAP SWIM/JOG 6:00-9:30		LAP SWIM/JOG 6:00-9:30		LAP SWIM/JOG 6:00-9:30	LAP SWIM/JOG 6:00-9:30	LAP SWIM/JOG 7:15-9:00		
7:30AM												
8:00AM												
8:30AM												
8:30AM												
9:00AM												
9:30AM	3:POWER HOUR 9:30-10:30	3:DEEP WATER 9:30-10:30	3:POWER HOUR 9:30-10:30	3:DEEP WATER 9:30-10:30	3:POWER HOUR 9:30-10:30	SWIM LESSONS 9:00-11:00						
10:00AM	3:LAP SWIM	3:LAP SWIM	3:LAP SWIM	3:LAP SWIM	3:LAP SWIM							
10:30AM	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	5: SWIM LESSONS 1: LAP SWIM 11:00-12:00						
11:00AM												
11:30AM												
12:00PM						2:OPEN SWIM 4:LAP SWIM/ AQUA JOG 12:00-2:00						
12:30PM												
1:00PM												
1:30PM						POOL CLOSED 2:00-4:00	POOL CLOSED 2:00-4:00	POOL CLOSED 2:00-4:00	POOL CLOSED 2:00-4:00	POOL CLOSED 2:00-4:00	RENTALS 2:00 - 3:30	4: LAP SWIM 2:OPEN SWIM 1:00-4:30
2:00PM												
2:30PM												
3:00PM												
3:30PM	SWIM TEAM 4:00-6:30	SWIM TEAM 4:00-6:30	SWIM TEAM 4:00-6:30	SWIM TEAM 4:00-6:30	SWIM TEAM 4:00-6:00							
4:00PM												
4:30PM												
5:00PM												
5:30PM												
6:00PM												
6:30PM	5: SWIM LESSONS 1: LAP SWIM/JOG 6:30-8:00	4: LAP SWIM 2:OPEN SWIM 6:30-8:45	5: SWIM LESSONS 1: LAP SWIM/JOG 6:30-8:00	4: LAP SWIM 2: OPEN SWIM 6:30-8:45	YMCA CLOSSES AT 6:00	YMCA CLOSSES AT 4:00	YMCA CLOSSES AT 5:00					
7:00PM												
7:30PM												
8:00PM	LAP SWIM/JOG 8:00-8:45		LAP SWIM/JOG 8:00-8:45									
8:30PM												
9:00PM	YMCA CLOSSES AT 9:00											
10:00PM												

OPEN SWIM

Adult: Open to anyone 18 and older

Lap: 13 years and older, must swim laps. Available to swim team participants with director's approval.

Open: Open to anyone, 12 years and younger must be with an adult; under age 6 must be with an adult in water

POOL RULES:

1. Any child under the age of 6 or Any child that wears a floatation device, must be accompanied in the pool by someone 18 or older
2. While we offer basic "bubble" floatation devices, noodles and some toys. All other equipment is for our programs not open swim