

Pool 1 Schedule - APRIL 24 - JUNE 5

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5:30AM	LAP SWIM/JOG 5:30-7:30	LAP SWIM/JOG 5:30-7:30	LAP SWIM/JOG 5:30-7:30	LAP SWIM/JOG 5:30-7:30	LAP SWIM/JOG 5:30-7:30	YMCA CLOSED	YMCA CLOSED
6:00AM							
6:30AM							
7:00AM							
7:30AM	4: LAP SWIM 2: AQUA JOG 7:30-9:30	4: LAP SWIM 2: AQUA JOG 7:30-9:30	4: LAP SWIM 2: AQUA JOG 7:30-9:30	4: LAP SWIM 2: AQUA JOG 7:30-9:30	4: LAP SWIM 2: AQUA JOG 7:30-9:30	LAP SWIM/JOG 7:15-9:00	
8:00AM							
8:30AM							
9:00AM	3:POWER HOUR 9:30-10:30 3:LAP SWIM	3:DEEP WATER 9:30-10:30 3:LAP SWIM	3:POWER HOUR 9:30-10:30 3:LAP SWIM	3:DEEP WATER 9:30-10:30 3:LAP SWIM	3:POWER HOUR 9:30-10:30 3:LAP SWIM	SWIM LESSONS 9:00-12:00	
9:30AM							
10:00AM	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	2: SCUBA 2: LAP SWIM 1: PRIVATE LESSONS 12:00-2:00	
10:30AM							
11:00AM							
11:30AM							
12:00PM							
12:30PM							
1:00PM	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	RENTALS 2:00 - 3:30	
1:30PM							
2:00PM							
2:30PM	SWIM TEAM 3:30-6:30	SWIM TEAM 3:30-6:30	SWIM TEAM 3:30-6:30	SWIM TEAM 3:30-6:30	SWIM TEAM 3:30-5:30	YMCA CLOSSES AT 4:00	
3:00PM							
3:30PM							
4:00PM							
4:30PM							
5:00PM							
5:30PM	2: SWIM TEAM 4:SWIM LESSONS 6:30-7:00	3: SWIM TEAM 3: LAP SWIM 6:30-7:00	3: SWIM TEAM 3:SWIM LESSONS 6:50-7:30	3: SWIM TEAM 3: LAP SWIM 6:50-7:30	4: LAP SWIM 2: OPEN SWIM 5:30-7:45	YMCA CLOSSES AT 5:00	
6:00PM							
6:30PM	4: SWIM LESSONS 2: LAP SWIM 7:00-8:15	LAP SWIM/JOG 7:00-8:15	4: SWIM LESSONS 2: LAP SWIM 7:00-8:15	LAP SWIM/JOG 7:00-8:15			
7:00PM							
7:30PM	YMCA CLOSSES AT 9:00						
8:00PM							
8:30PM							
9:00PM							
10:00PM							

OPEN SWIM

Adult: Open to anyone 18 and older

Lap: 13 years and older, must swim laps. Available to swim team participants with director's approval.

Open: Open to anyone, 12 years and younger must be with an adult; under age 6 must be with an adult in water