

**Melissa's Pickleball Coaching
and Instruction**

717-430-0244

Greetings Pickleballers,

I look forward to meeting you. Please fill out the form below.

Pickleball coaching sessions are designed to teach you the major aspects of playing *real pickleball* - not a small version of tennis. You will learn the necessary components of the game with an opportunity to hone in on each of those skills as sessions progress, feeling confident in social play/competitive games.

Each lesson is 45 minutes and begins promptly at the set time. Please come early to warm up as you wish before the lesson begins in the Waynesboro YMCA gym.

_____ Tear here to give back _____

Name:

Age:

Physical limitations:

Previous sports played:

Favorite Learning Style:

Goals for Pickleball: