

## Parents/Guardians:

Welcome to the 2024 YMCA Youth League Basketball program! We are excited to have your child participating in our program this year. The program runs every Saturday starting January 6<sup>th</sup> and will run through March 9<sup>th</sup>.

January 6<sup>th</sup> is a player evaluation day to make sure our teams are even and fair. January 13<sup>th</sup> and 20<sup>th</sup> are "practice" days, and January 27<sup>th</sup> we will start games. Below is the break down of the age groups and how the season will run.

- K-1<sup>st</sup> Grade- Instructional/skill based/introduction to game play. Coaches may choose to play mini modified games, but this age group is primarily for learning the basics of basketball. 2 teams will split Gym 1 (far gym down the hall) and have access to smaller adjustable portable hoops as well as a modified regular hoop. Times for this age group will be 8-9am and 9-10am.
- 2<sup>nd</sup>-3<sup>rd</sup> Grade- Instructional/skill/relaxed competition. Teams will have 15minutes to warm up, two 20 mins halves of modified game play, and 5 mins of transition. Coaches are responsible for rotating players throughout to ensure equal play time. Referees may be present at times to organize and teach the rules of game play. Refs and coaches may stop game play at any time to teach the rule/skill so the kids can learn. Refs/coaches or volunteer parents are responsible for keeping the time and score if desired. Times for this age group will be 10-11am Gym 1 & 2 and 11-12pm Gym 1. Your schedule will let you know which gym to report to.
- 4<sup>th</sup>-6<sup>th</sup> Grade- Instructional/skill/game play knowledge/competition. Teams will have 15minutes to warm up, two 20 mins halves of game play, and 5 mins of transition. Coaches are responsible for rotating players throughout to ensure equal play time. A PIAA referee will be present to organize and enforce the rules of game play. Refs and coaches may stop game play at any time to teach the rule/skill so the kids can learn. Refs/coaches or volunteer parents are responsible for keeping the time and score if desired. Times for this age group will be 11am-12pm and 12pm-1pm in Gym 2 (gym closest to the front of building)

Please note that all competition is learning based. Official rules may be modified at the referee/coach's discretion. This program is all about having fun and learning along the way. We ask that you please let the coaches coach and the referees ref. If you have any questions or concerns, please talk to the coaches/ref directly before or after the session, or contact Youth Sports Coordinator Justin Chapell or Sport and Fitness Director Whitney Wolf.

Space and time are limited. Please be respectful of your specific time frame so all teams have equal and fair amounts of time. Spectators may bring their own chairs or stand along the sides of the court. Please no food or drink (other than players water bottle) in the gymnasiums.

Your child will be provided with a team shirt 1/13 or 1/20. Players are to wear their team shirt, athletic attire, and sneakers every week.

Picture Day will be January 20<sup>th</sup>, 15 minutes prior to the start of your practice in the Teen Center (back of building). Order forms will be available from 1/6-1/20 during practices or at the front desk if you wish to purchase pictures.

Please review our attached winter weather policy. Updates are always shared on our website and social media. Please also join the Remind group for updates as the season progresses. https://www.remind.com/join/2f8e6ah

We look forward to an awesome 2024 season! Please let me know if you have any questions and I look forward to seeing you soon!

Whitney Wolf

Sports and Fitness Director

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