

## Pool 1 Schedule February 26 - April 21

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday	
5:30AM	LAP SWIM/JOG 5:30-9:30	LAP SWIM/JOG 5:30-9:30	LAP SWIM/JOG 5:30-9:30	LAP SWIM/JOG 5:30-9:30	LAP SWIM/JOG 5:30-9:30	YMCA CLOSED	YMCA CLOSED	
6:00AM								
6:30AM								
7:00AM								
7:30AM								
8:00AM								
8:30AM								
9:00AM								
9:30AM	3:POWER HOUR 9:30-10:30	3:DEEP WATER 9:30-10:30	3:POWER HOUR 9:30-10:30	3:DEEP WATER 9:30-10:30	3:POWER HOUR 9:30-10:30	4:SWIM LESSONS 2:LAP SWIM 9:00-12:00	YMCA CLOSED	
10:00AM	3:LAP SWIM	3:LAP SWIM	3:LAP SWIM	3:LAP SWIM	3:LAP SWIM			
10:30AM	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00			
11:00AM								
11:30AM								
12:00PM								
12:30PM								
1:00PM								
1:30PM						5: LAP SWIM 1: PRIVATE LESSONS 12:00-2:00	YMCA CLOSED	
2:00PM	POOL CLOSED					RENTALS 2:00 - 3:30		4: LAP SWIM 2:OPEN SWIM 1:00-4:30
2:30PM								
3:00PM								
3:30PM	SWIM TEAM 3:30-6:30	SWIM TEAM 3:30-6:30	SWIM TEAM 3:30-6:30	SWIM TEAM 3:30-6:30	SWIM TEAM 3:30- 6:00	YMCA CLOSSES AT 4:00	YMCA CLOSSES AT 5:00	
4:00PM								
4:30PM								
5:00PM								
5:30PM								
6:00PM								
6:30PM	2: SWIM TEAM 4:SWIM LESSONS 6:30-7:00	2: SWIM TEAM 4:LAP SWIM 6:30-7:00	2: SWIM TEAM 4:SWIM LESSONS 6:30-7:00	2: SWIM TEAM 4:LAP SWIM 6:30-7:00	POOL CLOSED			
7:00PM	5:SWIM LESSONS 1:LAP SWIM 7:00-8:00	4:LAP SWIM 2:OPEN SWIM 7:00-8:30	5:SWIM LESSONS 1:LAP SWIM 7:00-8:00	4:LAP SWIM 2:OPEN SWIM 7:00-8:30				
7:30PM	LAP SWIM 8:00-8:30							
8:00PM	YMCA CLOSSES AT 9:00					YMCA CLOSSES AT 9:00		
8:30PM								
9:00PM								
10:00PM								

**OPEN SWIM**

**Adult:** Open to anyone 18 and older

**Lap:** 13 years and older, must swim laps. Available to swim team participants with director's approval.

**Open:** Open to anyone, 12 years and younger must be with an adult; under age 6 must be with an adult in water