

Pool 1 Schedule April 22-June 2

TIME	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday				
5:30AM	LAP SWIM/JOG 5:30-9:30	LAP SWIM/JOG 5:30-9:30	LAP SWIM/JOG 5:30-9:30	LAP SWIM/JOG 5:30-9:30	LAP SWIM/JOG 5:30-9:30	YMCA CLOSED	YMCA CLOSED				
6:00AM											
6:30AM											
7:00AM						YMCA CLOSED					
7:30AM											
8:00AM											
8:30AM											
9:00AM											
9:30AM	3:POWER HOUR 9:30-10:30	2:DEEP WATER 9:30-10:30	3:POWER HOUR 9:30-10:30	2:DEEP WATER 9:30-10:30	3:POWER HOUR 9:30-10:30			4:SWIM LESSONS 2:LAP SWIM 9:00-12:00			
10:00AM	3:LAP SWIM	4:LAP SWIM	3:LAP SWIM	4:LAP SWIM	3:LAP SWIM						
10:30AM	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	4:LAP SWIM 2:OPEN SWIM 10:30-2:00	5: LAP SWIM 1: PRIVATE LESSONS 12:00-2:00					
11:00AM											
11:30AM											
12:00PM						POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	POOL CLOSED	RENTALS 2:00 - 3:30
12:30PM											
1:00PM											
1:30PM	SWIM TEAM 3:30-6:30	SWIM TEAM 3:30-6:30	SWIM TEAM 3:30-6:30	SWIM TEAM 3:30-6:30	SWIM TEAM 3:30- 6:00	YMCA CLOSSES AT 4:00					
2:00PM											
2:30PM											
3:00PM											
3:30PM											
4:00PM											
4:30PM	2: SWIM TEAM 4:SWIM LESSONS 6:30-7:00	2: SWIM TEAM 4:LAP SWIM 6:30-7:00	2: SWIM TEAM 4:SWIM LESSONS 6:30-7:00	2: SWIM TEAM 4:LAP SWIM 6:30-7:00	POOL CLOSED	YMCA CLOSSES AT 5:00					
5:00PM											
5:30PM	5:SWIM LESSONS 1:LAP SWIM 7:00-8:00	4:LAP SWIM 2:OPEN SWIM 7:00-8:30	5:SWIM LESSONS 1:LAP SWIM 7:00-8:00	4:LAP SWIM 2:OPEN SWIM 7:00-8:30	POOL CLOSED						
6:00PM											
6:30PM	LAP SWIM 8:00-8:30		LAP SWIM 8:00-8:30		POOL CLOSED						
7:00PM											
7:30PM	YMCA CLOSSES AT 9:00										
8:00PM											
8:30PM											
9:00PM											
10:00PM											

OPEN SWIM

Adult: Open to anyone 18 and older

Lap: 13 years and older, must swim laps. Available to swim team participants with director's approval.

Open: Open to anyone, 12 years and younger must be with an adult; under age 6 must be with an adult in water