



Parents/Guardians:

Welcome to the 2025 YMCA Youth League Basketball program! We are excited to have your child participating in our program this year. The program runs every Saturday starting January 4th and will end March 8th.

January 4th is a player evaluation day to make sure our teams are even and fair. January 11th and 18th are “practice” days, and January 25th we will start games. Below is the breakdown of the age groups and how the season will run.

- K-1st Grade- Instructional/skill based/introduction to game play. Coaches may choose to play mini modified games, but this age group is primarily for learning the basics of basketball. Teams have access to smaller adjustable/portable hoops as well as a modified regular hoop. Times for this age group will be 8-9am throughout the season.
- 2nd-3rd Grade- Instructional/skill/relaxed competition. Teams will have 10-15 minutes to warm up, two 20 mins halves of modified game play, and 5 mins of transition. Coaches are responsible for rotating players throughout to ensure equal play time. Referees may be present at times to organize and teach the rules of game play. Refs and coaches may stop game play at any time to teach the rules/skill so the kids can learn. Refs/coaches or volunteer parents are responsible for keeping the time and score if desired.
- 4th-6th Grade- Instructional/skill/game play knowledge/competition. Teams will have 10-15 minutes to warm up, two 20 mins halves of game play, and 5 mins of transition. Coaches are responsible for rotating players throughout to ensure equal play time. A PIAA referee will be present to organize and enforce the rules of game play. Refs and coaches may stop game play at any time to teach the rules/skill so the kids can learn

Additional Practices- The program is held SATUDAYS only, but if the coach decides to hold additional practices, they will communicate that with you. It is optional during the YMCA’s “open gym” time.

Please note that all competition is learning based. Official rules may be modified at the referee/coach’s discretion. This program is all about having fun and learning along the way. We ask that you please let the coaches coach and the referees ref. If you have any questions or concerns, please contact Sport and Fitness Director, Whitney Wolf.

Space and time are limited. Please be respectful of your specific time frame so all teams have equal and fair amounts of time. Spectators may bring their own chairs or stand along the sides of the court. Please no food or drink (other than players water bottle) in the gymnasiums.

Your child will be provided with a team shirt on 1/11 which is also picture day! Players are to wear their team shirt, athletic attire, and sneakers every week.

Picture Day will be January 11th, 15 minutes prior to the start of your practice in the Teen Center (back of building). Order forms are attached, and will be available during practices or at the front desk if you wish to purchase pictures.

Please review our attached winter weather policy. Updates are always shared on our website and social media.

Join the Remind group for updates as the season progresses. CODE- @64kheg or LINK <https://www.remind.com/join/64kheg>

We look forward to an awesome 2025 season! Please let me know if you have any questions and I look forward to seeing you soon!

Whitney Wolf

Sports and Fitness Director

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