

# Waynesboro Area YMCA

## Pool Rules

### Pool 1 (Big Pool)

For your safety, our lifeguards are required to enforce our rules, please listen and cooperate with our staff's directions and instructions.

Wear proper swimming attire.

Ask our lifeguard about the use of your personal equipment.

Ask our lifeguard about the use of the YMCA's equipment ie; toys, goggles, flippers, etc. ..

Be sure your children [under age 3 or not potty-trained] are wearing swim diapers.

Any child under age 6 or with a flotation device must be accompanied by an adult, 18 or older in the water.

Children ages 6-12 must have an adult, 18 or older, on the pool deck at all times.

Children 13-15 must have an adult in the building, but the adult does not have to be in the pool area

Food, open drinks, and gum are NOT permitted in our pool areas (drinks with non spill lids are permitted).

No glass on the pool deck

Please remove bandages prior to swimming [if wounds are open, please refrain from swimming].

Your child may be required to take a swim test prior to swimming. The swim test is as follows;

Jump in deep end and tread for 20 sec.

Swim half of pool length on front, roll over, and finish other half on your back.

Climb out shallow end with no ladder.

The lifeguard or instructor may issue a colored necklace (green, yellow or red) based off the swimmers skill level, this will determine where the swimmer will be permitted to swim in the pool.

### While Enjoying the Water ...

Practice safe and appropriate activities, behavior, and language.

Remember to always walk on the pool deck.

Diving and jumping permitted only in 9 ft. or deeper section of large pool and from deck only.

Back dives, flips, spinning jumps, and backward jumps are not allowed.

Roped lanes are for lap swimming (not hanging from lane lines).

Parents/adults must stay within reach of their young child[ren] for their safety.

Diving blocks are for our swim team and instructional use only.

Most equipment is for instructional and program use, but if you have questions, please ask our aquatics staff about the use of our equipment.

### After Exiting the Pool ...

Use the ladders or steps for safe exit.

Please ensure you have all personal belongings before leaving the pool area.

Return all YMCA equipment.

Shower and dry off prior to entering locker area.

# Waynesboro Area YMCA

## Pool Rules

### Pool 2 (Small Pool)

For your safety, our lifeguards are required to enforce our rules, please listen and cooperate with our staffs directions and instructions.

Wear proper swimming attire.

Ask our lifeguard about the use of your personal equipment.

Ask our lifeguard about the use of the YMCA's equipment ie; toys, goggles, flippers, etc. ..

Be sure your children [under age 3 or not potty-trained] are wearing swim diapers.

Any child under age 6 or with a flotation device must be accompanied by an adult, 18 or older in the water.

Children ages 6-12 must have an adult, 18 or older, on the pool deck at all times.

Children 13-15 must have an adult in the building, but the adult does not have to be in the pool area

Food, open drinks, and gum are NOT permitted in our pool areas (drinks with non spill lids are permitted).

No glass on the pool deck

Please remove bandages prior to swimming [if wounds are open, please refrain from swimming].

Your child may be required to take a swim test prior to swimming. The swim test is as follows;

Jump in deep end and tread for 20 sec.

Swim half of pool length on front, roll over, and finish other half on your back.

Climb out of the shallow end with no ladder.

The lifeguard or instructor may issue a colored necklace (green, yellow or red) based off the swimmers skill level, this will determine where the swimmer will be permitted to swim in the pool.

### While Enjoying the Water ...

Practice safe and appropriate activities, behavior, and language.

Remember to always walk on the pool deck.

Dives, back dives, flips, spinning jumps, and backwards jumps are not allowed.

Parents/adults must stay within reach of their young child[ren] for their safety.

Most equipment is for instructional and program use, but if you have questions, please ask our aquatics staff about the use of our equipment.

### After Exiting the Pool ...

Use the ladders or steps for safe exit.

Please ensure you have all personal belongings before leaving the pool area.

Return all YMCA equipment.

Shower and dry off prior to entering locker area.