

Pool 1 Schedule JUNE 2nd-July 6th

| TIME | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday | Sunday | | |
|---------|--|--|--|--|---|---|---|--|--|
| 5:30AM | LAP SWIM/JOG 5:30-7:30 | LAP SWIM/JOG 5:30-7:30 | LAP SWIM/JOG 5:30-7:30 | LAP SWIM/JOG 5:30-7:30 | LAP SWIM/JOG 5:30-7:30 | YMCA CLOSED | | | |
| 6:00AM | | | | | | | | | |
| 6:30AM | | | | | | | | | |
| 7:00AM | | | | | | | | | |
| 7:30AM | 1: LAP SWIM 5: SWIM TEAM 7:30-9:30 | 1: LAP SWIM 5: SWIM TEAM 7:30-9:30 | 1: LAP SWIM 5: SWIM TEAM 7:30-9:30 | 1: LAP SWIM 5: SWIM TEAM 7:30-9:30 | 1: LAP SWIM 5: SWIM TEAM 7:30-9:30 | LAP SWIM/JOG 7:15-9:00 | | | |
| 8:00AM | | | | | | | | | |
| 8:30AM | | | | | | | | | |
| 9:00AM | | | | | | | | | |
| 9:30AM | 3:POWER HOUR 9:30-10:30 3:LAP SWIM | 3:DEEP WATER 9:30-10:30 3:LAP SWIM | 3:POWER HOUR 9:30-10:30 3:LAP SWIM | 3:DEEP WATER 9:30-10:30 3:LAP SWIM | 3:POWER HOUR 9:30-10:30 3:LAP SWIM | 4:SWIM LESSONS 2:LAP SWIM 9:00-12:00 | | | |
| 10:00AM | | | | | | | | | |
| 10:30AM | 4:LAP SWIM 2:OPEN SWIM 10:30-1:00 | 4:LAP SWIM 2:OPEN SWIM 10:30-2:00 | 4:LAP SWIM 2:OPEN SWIM 10:30-2:00 | 4:LAP SWIM 2:OPEN SWIM 10:30-2:00 | 4:LAP SWIM 2:OPEN SWIM 10:30-1:00 | | 5: LAP SWIM 1: PRIVATE LESSONS 12:00-12:30 | | |
| 11:00AM | | | | | | | | | |
| 11:30AM | | | | | | | | | |
| 12:00PM | | | | | | | | | |
| 12:30PM | 2:LAP SWIM 4: SUMMER CAMP 1:00-2:00 | 4:LAP SWIM 2:OPEN SWIM 10:30-2:00 | 4:LAP SWIM 2:OPEN SWIM 10:30-2:00 | 4:LAP SWIM 2:OPEN SWIM 10:30-2:00 | 2:LAP SWIM 4: SUMMER CAMP 1:00-2:00 | 5: LAP SWIM 1: PRIVATE LESSONS 12:00-12:30 | | | |
| 1:00PM | | | | | | | | | |
| 1:30PM | | | | | | | | | |
| 2:00PM | POOL CLOSED | POOL CLOSED | POOL CLOSED | POOL CLOSED | YMCA CLOSSES at 7PM | YMCA CLOSSES AT 1:00 | YMCA CLOSED | | |
| 2:30PM | | | | | | | | | |
| 3:00PM | SWIM TEAM 3:30-6:45 | SWIM TEAM 3:30-6:45 | SWIM TEAM 3:30-6:45 | SWIM TEAM 3:30-6:45 | | | | | |
| 3:30PM | | | | | | | | | |
| 4:00PM | | | | | | | | | |
| 4:30PM | | | | | | | | | |
| 5:00PM | | | | | | | | | |
| 5:30PM | | | | | | | | | |
| 6:00PM | 4:SWIM LESSONS 6:30-7:00 | 4:LAP SWIM 6:30-7:00 | 4:SWIM LESSONS 6:30-7:00 | 4:LAP SWIM 6:30-7:00 | | | | | |
| 6:30PM | | | | | | | | | |
| 7:00PM | | | | | | | | | |
| 7:30PM | 5:SWIM LESSONS 1:LAP SWIM 6:45-7:15 4:LAP SWIM 7:15-8:00 | 4:LAP SWIM 2:OPEN SWIM 7:00-8:30 | 5:SWIM LESSONS 1:LAP SWIM 6:45-7:15 4:LAP SWIM 7:15-8:00 | 4:LAP SWIM 2:OPEN SWIM 7:00-8:30 | | | | | |
| 8:00PM | | | | | | | | | |
| 8:30PM | YMCA CLOSSES AT 9:00 | | | | | | | | |
| 9:00PM | | | | | | | | | |
| 10:00PM | | | | | | | | | |

OPEN SWIM

Adult: Open to anyone 18 and older

Lap: 13 years and older, must swim laps. Available to swim team participants with director's approval.

Open: Open to anyone, 12 years and younger must be with an adult; under age 6 must be with an adult in water

6-9-25/8:45a