

| | Gym 1 Schedule August 20-November 30th | | | | | | | | |
|----------|--|-----------------------|--------------------------------------|--------------------------------------|-----------------------------|-----------------------------|---------------------------------------|--|--|
| Day/Time | MON | TUES | WED | THUR | FRI | SAT | SUN | | |
| 5:00 AM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | THE Y OPENS @ 7:00 AM | | | |
| 6:00 AM | | | | | | | | | |
| 7:00 AM | | | | | | | | | |
| 8:00 AM | PICKLEBALL | PICKLEBALL | PICKLEBALL | PICKLEBALL | PICKLEBALL | OPEN GYM Y CLOSES AT 4PM | | | |
| 9:00 AM | | | | | | | | | |
| 10:00 AM | | | | | | | | | |
| 11:00 AM | | | | | | | | | |
| 12:00 PM | PICK UP BASKETBALL | PICK UP BASKETBALL | PICK UP BASKETBALL | PICK UP BASKETBALL | PICK UP BASKETBALL | | YMCA REOPENS 9/2 1-5pm OPEN GYM | | |
| 1:00 PM | | | | | | | | | |
| 2:00 PM | | | | | | | | | |
| 3:00 PM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM Y CLOSES AT 7PM | | | | |
| 4:00 PM | | | | | | | | | |
| 5:00 PM | | | | | | | | | |
| 6:00 PM | BASKETBALL LEAGUE (begins 9/8) | | BASKETBALL LEAGUE (begins 9/8) | VOLLEYBALL LEAGUE (begins 9/4) | | | | | |
| 7:00 PM | | | | | | | | | |
| 8:00 PM | | | | | | | | | |
| 9:00 PM | | | | | | | | | |
| 10:00 PM | | | | | | | | | |

1) Open Gym: Open to members and non-members. Anyone under the age of 13 must be accompanied by an adult.

| | Gym 2 Schedule AUGUST 20-NOVEMBER 30 | | | | | | | | |
|----------|---------------------------------------|---------------------------|------------------------------------|---------------------------|--------------------------------|------------------------|------------------------|---------------------------------------|--------------------------|
| Day/Time | MON | TUES | WED | THUR | FRI | SAT | SUN | | |
| 5:00 AM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | OPEN GYM | THE Y OPENS AT 7:00 AM | YMCA CLOSED | | |
| 6:00 AM | | | | | | | | | |
| 7:00 AM | | | | | | | | | |
| 8:00 AM | | | | | | | | | |
| 9:00 AM | Y WALKERS | | Y WALKERS | | Y WALKERS | Y WALKERS | | OPEN GYM | |
| 10:00 AM | | | | | | | | | KINDER GYM (begins 9/20) |
| 10:30 AM | | | | | | | | | |
| 11:00 AM | | | | | | | | OPEN GYM | OPEN GYM |
| 12:00 PM | | | | | | | | | |
| 1:00 PM | | | | | | | | | |
| 2:00 PM | | | | | | | | | |
| 3:00 PM | AFTER SCHOOL ACTIVITIES | AFTER SCHOOL ACTIVITIES | AFTER SCHOOL ACTIVITIES | AFTER SCHOOL ACTIVITIES | OPEN GYM | OPEN GYM | YMCA REOPENS 9/2 1-5pm | | |
| 4:00 PM | INTRODUCTORY GYMNASTICS (begins 9/15) | | | | | | | INTRODUCTORY GYMNASTICS (begins 9/15) | AFTER SCHOOL ACTIVITIES |
| 5:00 PM | | | | | | | | | |
| 6:00 PM | | | | | | | | | |
| 7:00 PM | | TAE KWON DO (Begins 9/15) | PICKLE BALL PROGRAMS (begins 9/16) | TAE KWON DO (begins 9/15) | VOLLEYBALL LEAGUE (begins 9/4) | YMCA CLOSSES @7pm | YMCA CLOSED | | |
| 8:00 PM | | | | | | | | | |
| 9:00 PM | | | | | | | | | |
| 10:00 PM | YMCA CLOSSES AT 9PM | | | | | | | | |

1) Open Gym: Open to members and non-members. Anyone under the age of 13 must be accompanied by an adult.

8/18/2025