

	GYM 1 SCHEDULE JANUARY 2-MARCH 15							
Day/Time	MON	TUES	WED	THUR	FRI	SAT	SUN	
5:00 AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	THE Y OPENS @ 7:00 AM	THE Y OPENS @ 1:00 PM	
6:00 AM								
7:00 AM								
8:00 AM	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	PICKLEBALL	YOUTH LEAGUE BASKETBALL		
9:00 AM								
10:00 AM								
11:00 AM								
12:00 PM	PICK UP BASKETBALL	PICK UP BASKETBALL	PICK UP BASKETBALL	PICK UP BASKETBALL	PICK UP BASKETBALL			
1:00 PM								
2:00 PM								
3:00 PM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM		OPEN GYM	
4:00 PM								
5:00 PM	YOUTH LEAGUE BASKETBALL	INDOOR SOCCER CLINICS	YOUTH LEAGUE BASKETBALL	VOLLEYBALL LEAGUES	OPEN GYM	THE Y CLOSSES AT 4:00 PM		
6:00 PM								
7:00 PM								
8:00 PM								
9:00 PM	THE Y CLOSSES AT 9:00 PM				Y CLOSSES AT 7PM			The Y CLOSSES AT 5:00 PM
10:00 PM								

1) Open Gym: Open to members and non-members. Anyone under the age of 13 must be accompanied by an adult.

2) Member Service: Opens at 7:00 am Monday through Saturday, and 1:00 pm on Sunday. The front desk closes 1/2 hour before the facility closes.

1/1/2022

	GYM 2 SCHEDULE JANUARY 2-MARCH 15						
Day/Time	MON	TUES	WED	THUR	FRI	SAT	SUN
5:00 AM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	THE Y OPENS AT 7:00 AM	THE Y OPENS AT 1:00 PM
6:00 AM							
7:00 AM							
8:00 AM							
9:00 AM	TUMBLE TIME	TUMBLE TIME	TUMBLE TIME	TUMBLE TIME	TUMBLE TIME	YOUTH LEAGUE BASKETBALL	
10:00 AM							
10:30 AM							
11:00 AM							
12:00 PM							
1:00 PM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	OPEN GYM	
2:00 PM							
3:00 PM							
4:00 PM	GYMNASTICS					YOUTH LEAGUE BASKETBALL	VOLLEYBALL LEAGUES
5:00 PM							
6:00 PM		INDOOR SOCCER CLINICS	TAE KWON DO				
7:00 PM	THE Y CLOSSES AT 4:00 PM			THE Y CLOSSES AT 5:00 PM			
8:00 PM							
9:00 PM	Y CLOSSES AT 9PM				Y CLOSSES AT 7PM		

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2) Member Service: Opens at 7:00 am Monday through Saturday, and 1:00 pm on Sunday. The front desk closes 1/2 hour before the facility closes.

1/1/2026