

WAYNESBORO AREA YMCA

2026 SPRING 2 BROCHURE: MAY 1-JUNE 21

Registration Dates:

Members: March 30 / NonMembers: April 6



THE Find Your Best Friend PLACE

No Place Like *This Place*™

MEMBERSHIP



SUMMER CAMP



SPORT CAMPS

SUMMER CLASSES

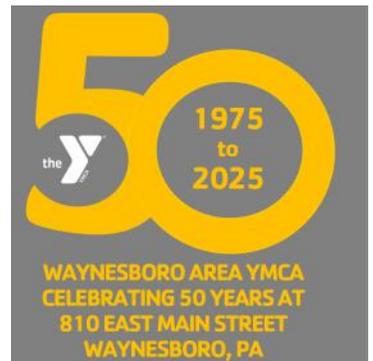


2026-27 SCHOOL AGED CHILDCARE

2026 marks the 175th anniversary that the YMCA has been operating in the US. Collectively known as the Movement, YMCAs throughout the country have been helping people and communities learn, grow, and thrive since 1851.

- From the invention of basketball and volleyball, to group swim lessons, the YMCA has helped shape our interests and our communities and we're excited to celebrate this milestone with YMCAs near and far.
- At the same time, WAYNESBORO AREA YMCA is celebrating another important milestone —our 50TH YEAR anniversary at 810 EAST MAIN STREET.

We are so excited that we can celebrate the ways the YMCA has shaped both our community and our country and hope you'll join us.



MEMBERSHIP FOR ALL



BECAUSE UNLOCKING YOUR POTENTIAL
MEANS EVERYTHING



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Membership	Monthly
Youth (6-12 yrs)	\$18.00
Teen (13-18yrs)	\$21.00
Young Adult (19-23 yrs)	\$32.00
Adult (24-61 yrs)	\$46.00
One Adult Family	\$56.00
Two Adult Family	\$71.00
Senior (62+yrs)	\$41.00
Senior Couple	\$62.00

Children Under 6 yrs old: must be associated with a family membership or pay non-member prices to participate in programs.

Full Time College Students: Undergraduate full-time college students may remain on a family membership until the age of 24. Proof of college attendance is required.

PAYMENT OPTIONS

MONTHLY DRAFT/PERPETUAL: Membership fees will be deducted directly from credit card or a specified bank account each month on the same day. This payment is perpetual and will continue until the billing member cancels the membership.

TERMED: These memberships have a fixed fee which is paid in FULL at time of registration. Member can purchase 3-month or 6-month membership options to coincide with your favorite programs.

ANNUAL: Member pays for membership in FULL at time of registration & RECEIVE A 5% DISCOUNT!

Spring

INTO THE
WAYNESBORO
AREA YMCA

**NEW MEMBERS
RECEIVE 10% OFF A
1 YEAR ANNUAL
MEMBERSHIP!**

Offer valid March 20- April 30th
Register at the Front Desk

810 E. Main St. Waynesboro, PA 17268
(717) 762-6012

welcome
Spring

**2026
SUMMER CAMP**

REGISTRATION IS OPEN!

**IT'S FUN TO PLAY AT THE YMCA
WAYNESBORO AREA YMCA**

The **M&T** Charitable Foundation

PARTICIPATING OPTIONS

Full Memberships: Full membership permits all YMCA privileges and full use of facilities (some areas are restricted by age).

Day Pass: Valid for one-day recreational use of facility: Adult:\$7, Young Adult:\$6, College Student (w/college ID):\$5

Teen:\$4, Youth:\$3 (must be accompanied by an adult)

Teen Day Passes ARE NOT AVAILABLE from school dismissal time through 6PM.

Active Duty Military: free access for the day (must present military ID) for a maximum of two consecutive weeks.

Athletic Club Locker Room: Open to adult members ages 19 years and older. Features include lockers for rent, sauna and steam room, and towel service. MAC (Men)/WAC (Women): \$10/month; Locker rental: \$5/month

Rental Lockers: Also available in General Locker rooms at \$5/month

Financial Assistance: Financial assistance may be awarded for memberships, programs, BASC and summer day camps.

We believe that no one should be denied access to the Y based on their ability to pay. Applications are available at the member service desk or online: waynesboroymca.org If you have questions, please contact kathy@waynesboroymca.org

Insurance Paid Memberships: We currently participate with SilverSneakers, Silver&Fit and Renew Active. Contact your insurance provider to get a confirmation number before you join; then simply stop by the Y to present photo ID and insurance card. Once information is collected, our staff will contact you to confirm eligibility at our Y.

Nationwide Membership (NWM): Members will be allowed access via NWM providing he/she has a current active membership with an NWM participating YMCA. Please bring your photo ID and YMCA ID to Member Services. Kindly note that a visiting NWM member must visit their home branch 51% or more each month; or, they will be asked to join our Waynesboro Area YMCA. Program-only participants (including Silver Sneakers, Silver & Fit, Active & Fit, Renew Active or other like programs) are not eligible for NWM access.

Medical Membership Hold: In the event of a medical emergency, the Y can place your membership on hold with a physician's note.

Manage your membership online: whether you need to make changes to your membership, update your information, review your billing details, or cancel your membership, visit waynesboroymca.org You can contact our member service desk via phone: 717-762-6012 or e-mail: service@waynesboroymca.org

Please note that we are not a drop-in facility, monthly membership fee covers the entire month; member will be charged regardless of facility usage visits.



AFTER HOURS ACCESS TO THE Y!

WORK OUT ON YOUR SCHEDULE WITH AFTER HOURS ACCESS TO THE Y.

HOW IT WORKS: AFTER HOURS is a membership add-on that gives adult members access to the Wellness Center, Spin Room, and Functional Training Room during hours when the facility is closed. This includes late night, and early morning hours, extended hours on the weekends, holidays, and potentially during inclement weather closures.

For adult members in good standing and 18 years or older. Qualifying members must have an annual paid membership OR have a perpetual monthly draft associated with their account. This membership amenity is available to corporate membership types. Facilities will be monitored AFTER HOURS with state of the art surveillance equipment and equipped with two emergency beacons.

HOW TO PARTICIPATE

- Those with qualifying membership types must activate their AFTER HOURS membership at the Member Service Desk.
- Agree to the AFTER HOURS access waiver
- Update your profile picture and review the special instruction brochure.
- Receive your AFTER HOURS magnetic fob \$25 fee

HOPE STARTS HERE Cancer Support Program

Cancer affects the whole family. The Waynesboro Area YMCA is here to help families who are dealing with a cancer diagnosis in the family. The Y is offering a variety of programs and support for the family.

- Memberships, LIVESTRONG at the YMCA
- Personal Training
- Swim Programs including swim lessons for all ages
- Programs

Let us know your family's needs so we can design a wellness program for you!

This program is partially funded by the Waynesboro Area Gala Cancer Auction.

For more information: visit waynesboroymca.org or call 717-762-6012 or e-mail kathy@waynesboroymca.org



WAYNESBORO AREA YMCA SUMMER CAMP

Summer Camp is just around the corner, and the Y has an exciting summer in store! It's a place where youth can build lifelong friendships and unforgettable memories. Summer Camp is available every weekday from 8:30am to 5:30pm beginning June 3 through August 13. Campers may choose to attend all 11 weeks or select specific weeks. Extended morning care options are available (7-8:30am).

Full-Time: \$175 Member / \$225 Non-Member
Part-Time: \$125 Member / \$145 Non-Member
Extended morning care: \$30 Member / \$65 Non-Member
Sibling Discount: \$10 each week for the 2nd & additional children
Non-refundable \$30 registration fee is due at the time of registration.

Register your camper by the grade they are ENTERING into in the fall.

- **Entering Kindergarten:** Kinder Camp offers your camper the chance to build friendships by learning through play.
- **Entering 1st-2nd grades:** We will spark your child's imagination and encourage your child to express themselves.
- **Entering 3rd-4th grades:** Campers engage in fun experiences building confidence in a supportive environment.
- **Entering 5th-6th grades:** Campers will embark on adventures that build character and promote responsibility.

Summer scholarships are available for students through THE FOUNDATION FOR ENHANCING COMMUNITIES. Financial assistance is available through the Y's Everyone is Welcome Financial Assistance Program.

Contact Amy Donald at amy.d@waynesboroyymca.org for more information. 717-762-6012 ext. 107

Week	Dates	Themes
Week 1	June 3-5	Under the Big Top
Week 2	June 8-12	Y Sports & Talent Week
Week 3	June 15-19	Outdoor Explorers
Week 4	June 22-26	Backyard Scientist
Week 5	June 29-July 2	Red, Y-hite, Boom!
Week 6	July 6-10	Getting Messy in the Splash Zone
Week 7	July 13-17	What's on the Chopping Block
Week 8	July 20-24	Christmas in July Where the Y-ild things are!
Week 9	July 27-31	Spy Kids
Week 10	August 3-7	Superhero Pep Rally
Week 11	August 10-13	End of Summer Y-Olympics

THANK YOU TO OUR SUPPORTERS:

The **M&T** Charitable Foundation
PATRIOT FEDERAL CREDIT UNION

SCHOOL AGED CHILDCARE

2026-2027 Before & After School Program

Our BASC program provides a safe place for elementary school students between 6:30am and 6:00pm, when school is in session.

- WASD location is the elementary school the child attends.
- GCASD location is the Greencastle First Assembly of God.
- Two-day care minimum per program.
- There is a non-refundable \$50 per child Registration fee due at the time of enrollment.
- Financial assistance is available through the Y's Everyone is Welcome Financial Assistance Program.
- Subsidized Child Care is available through Child Care Works

2026-2027 SCHOOL'S OUT CLUB

Grades K-5th School's Out Club is offered on most weekdays WASD is not in session. Register for as many days as you need. We offer games, crafts, swimming and snack. Bring a packed lunch, swimsuit, and towel. School's Out Club is a separate registration from BASC. School's Out Dates will be available at waynesboroyymca.org

Time	Member per day	NonMember per day
7AM-5:30PM	\$35	\$41

BEFORE & AFTER SCHOOL CARE RATES 2026-2027 WAYNESBORO AREA SCHOOL DISTRICT

(at Fairview, Hooverville, Mowrey, & Summitview Elementary Schools)

Before School Care (6:30 am-Start of school day)

Member Daily Rate: \$8.00
 Non-Member Daily Rate: \$12.00

After School Care (School Dismissal-6:00 pm)

Member Daily Rate: \$14.00
 Non-Member Daily Rate: \$21.00

GREENCASTLE-ANTRIM SCHOOL DISTRICT

(at Greencastle First Assembly of God for Greencastle Primary & Elementary Schools)

Before School Care (6:30 am-Start of school day)

Member Daily Rate: \$9.00
 Non-Member Daily Rate: \$14.00

After School Care (School Dismissal-6:00 pm)

Member Daily Rate: \$16.00
 Non-Member Daily Rate: \$22.00

MIDDLE SCHOOL ENGAGEMENT

Middle school students can stay active, learning, and engaged during their time out of school—a critical time for youth—with plenty of fun, friendship, and hands-on experiences along the way! This program is made possible through the generous donation of the United Way of Franklin County.

Time	Member/Monthly	NonMember/Monthly
After school -5:30PM	\$40	\$60

SWIM LESSONS

FYI: POOL 1 is a large lap pool. POOL 2 is a small warmer pool.

The YMCA Swim Lesson Curriculum is a core group of aquatic skills every person needs to be safe around water. Level information is posted on the website, any questions, can be directed to Swim Lesson Coordinator at swimlessons@waynesboroyymca.org **Parents accompany children in Level A & B for children 6 month-3yrs .

POOL 1: SPRING 2 (8 weeks)

LEVEL	DAY(S)	TIME	MEMBER	NM
YOUTH LEVEL 1	Mon/Wed	6:35-7:15p	\$107	\$170
	Tue/Thur	6:35-7:15p	\$107	\$170
	Saturday	9:00-9:40a	\$54	\$107
YOUTH LEVEL 2	Mon/Wed	6:35-7:15p	\$107	\$170
	Tue/Thur	6:35-7:15p	\$107	\$170
	Saturday	9:40-10:20a	\$54	\$107
YOUTH LEVEL 3/4/5	Mon/Wed	7:15-7:55p	\$107	\$170
	Tue/Thur	7:15-7:55p	\$107	\$170
	Saturday	10:20-11:00a	\$54	\$107

PRIVATE SWIM LESSONS

Private swimming lessons are offered on a limited basis. Please complete a lesson registration form and return it with payment to the member service desk. Price includes four-30 minutes lessons based on available pool time. Aquatics office will contact your to schedule lessons. Cancellations must be made 24 hours in advance or you will be charged for the missed session. Member: \$90.00 NonMember: \$160.00

AQUAFIT/ADULT AQUA

POWER HOUR-POOL 1

15 years & older One hour of high intensity aqua fitness program includes 30 minutes of cardio guaranteed to increase your heart rate and increase strength conditioning.

Day	Time	Member	NonMember
Mon./Wed./Fri.	9:30-10:30a	\$33.00	\$72.00

DEEP WATER-POOL 1

15 years & older One hour of deep water exercise includes warm up, flexibility and intense cardio exercises & a cool down.

Day	Time	Member	NonMember
Tues./Thurs.	9:30a-10:30a	\$23.00	\$63.00

PEDIATRIC FIRST AID/CPR TRAINING @ the YMCA AMERICAN RED CROSS-FIRST AID/CPR/AED

Cora Rhoads will offer these mandatory courses for child-care providers, this is also open to anyone. Blended learning portion must be completed prior to the in-person portion. Registration required www.papdregistry.org Search training events for trainer: Cora Rhoads.

April:11 May: 2, 9, 23
8-9:30AM (Blended Recertification)
9:30AM-12PM (Blended Initial Certification)



POOL 2: SPRING 2 (8weeks)

LEVEL	DAY(S)	TIME	MEMBER	NM
Level A**	Saturday	8:30-9:00a	\$72	\$112
Level B**	Saturday	9:00-9:30a	\$72	\$112
PRE-SCHOOL LEVEL 1	Mon/Wed	5:30-6:00p	\$142	\$177
	Tue/Thur	8:30-9:00a	\$142	\$177
	Tue/Thur	9:00-9:30a	\$72	\$112
	Saturday	9:30-10:00a	\$72	\$112
	Saturday	10:30-11:00a	\$72	\$112
	Saturday	11:00-11:30a	\$72	\$112
PRE-SCHOOL LEVEL 2-3	Mon/Wed	6:00-6:30p	\$142	\$177
	Saturday	10:00-10:30a	\$72	\$112

SilverSneakers SPLASH! (in Pool 2)

A fun, shallow-water exercise class that uses a splash-board to increase movement and intensity options. Suitable for all skill levels and is safe for non-swimmers.

Days	Time	Member	NonMember
Mon./Wed.	7:30-8:30a	\$23.00	\$63.00
Tues./Thurs.	7:30-8:30a	\$23.00	\$63.00

ROM (RANGE OF MOTION) AQUATICS- POOL 2

15 years & older Our ROM class helps relieve stiffness, increase flexibility and overall mobility. POOL 2

Day	Time	Member	NonMember
Mon.-Fri.	10:30-11:30a	\$46.00	\$94.00
Mon./Wed./Fri.	12:40-1:40p	\$33.00	\$72.00
Tues./Thurs.	10:30-11:30a	\$23.00	\$63.00

ACTIVE AQUATIC ADULTS (AAA)-POOL 2

15 years & older Aquatic class provides a lower impact aerobic workout which improves flexibility and cardiovascular strength.

Day	Time	Member	NonMember
Mon./Wed./Fri.	11:35a-12:35p	\$33.00	\$72.00

CERTIGUARD

LIFEGUARDING:

- MAY: 2ND & 3RD

REGISTER:
certiguardsafetytraining.com

TIME: 8 AM - 7:30 PM
COST: \$290.00

LIFEGUARDING

RECERTIFICATION:

- MAY: 3RD

TIME: 8 AM - 7:30 PM
COST: \$165.00

SPORTS & RECREATION

PICK-UP BASKETBALL

ages 15 and older Basketball play for any player.

DAY	TIME	MEMBER
Monday-Friday	12:00-2:30p	FREE

PICK-UP PICKLEBALL

Pickleball play for any player.

DAY	TIME	MEMBER
Monday-Friday	8:00-12:00p	FREE

LEARN TO PLAY PICKLEBALL

For beginners: learn the skills, techniques & basics of game play. Reg. ends May 1

DAY	TIME	MEMBER	NM
Thursdays	10:00-11:00a	\$60	\$80

WOMENS SUMMER VOLLEYBALL LEAGUE

League runs June 9-July 23 @Memorial Park
Team Roster Deadline June 1 (ages 14+)
email to whitney@waynesboroymca.org
Registration fee due by first game

DAY	TIME	MEMBER	NM
Tue/Thur	6:00p-dusk	\$40	\$65

Substitutes \$5 per game

SUMMER SPORTS CAMPS

Participating in sports at the Y is about building the whole child, from the inside out. Our core values of respect, responsibility, honesty and caring are a part of every sport camp we offer.

Camp:	Time: 9-11AM	Dates:	Age/Grade:
Basketball Camp		June 8-11	K-1st Grade
Basketball Camp		June 15-18	2nd-3rd Grade
Running Camp w/Coach Fuss		June 23-25	Ages 6-12
Basketball Camp		June 29-July 2	4th-6th Grade
Soccer Camp w/Coach Tanner		July 6-9	Ages 7-12
Volleyball Camp		July 13-16	Ages 7-12
Pickleball Camp		July 20-23	Ages 10-14
All Sports Camp		July 27-30	Ages 6-12

Members: \$65 per child/camp NonMembers: \$95 per child/camp Contact whitney@waynesboroymca.org for more info.
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KINDERGYM

3- 5 years old Beginner tumbling for preschoolers. Children will get familiar with the apparatus while learning stretches and age appropriate skills.

DAY	TIME	MEMBER	NM
Mondays.	5:00-5:30p	\$41	\$76

INTRODUCTORY GYMNASTICS

6-10 years old Basic tumbling program focusing on teaching basic skills on beam, vault and floor.

DAY(S)	TIME	MEMBER	NM
Mondays	4:00-5:00p	\$46	\$81

TAE KWON DO (MAY 4-27) 8 CLASSES MINI SESSION

5 years and older Tae Kwon Do for youth and adults. The core principles of this Korean martial arts training is self-discipline and a high code of personal conduct with an emphasis on kicking techniques.

LEVEL	DAY(S)	TIME	MEMBER	NM
ALL LEVELS	Mon/Wed	7:00-8:00p	\$45	\$70

GIRLS BASKETBALL CLINICS

2nd-6th Grades Clinics are designed to give girls the confidence and skills they need to excel in the sport and prepare for competition level.

DAY	TIME	MEMBER	NM
Saturday	9:00-10:00a	\$65	\$95

SUMMER STRONG YOUTH (JUNE 10-JULY 29)

Ages 12-14 8 week educational program by the Y certified personal trainer includes a safe intro to wellness center/weight room and safe strength training.

DAY	TIME	MEMBERS ONLY
Wednesday	9:00-10:00a	\$65

LIVES CHANGED BY CHRIST

Address: 13450 Midvale Rd, Waynesboro PA
Contact (717) 749-3451 waynesboro@lcbchurch.com



BLUE GOOSE MARKET AND GIFT SHOP
Located in Hancock, Maryland
www.bluegoosemarkethancock.com



PROGRAM SPONSORS:

RAINBOW GYMNASTICS
71 W Main St, Waynesboro, PA
www.rainbowgymnasticspa.com

GROUP EXERCISE

GROUP POWER

Blast all your muscles with this hour long, high-rep weight training workout. Using an adjustable barbell, weight plates, and bodyweight, Group Power combines squats, lunges, curls and presses with a variety of functional integrated exercises.

STEP & GROOVE / STEP & CORE

Add some fun to your workout! STEP, SWEAT, & GROOVE by utilizing the step for leg and cardio endurance, and fun dance moves with low and high impact options. Step & Groove is 45 mins, Step & Core is 30 mins of step/30 mins of core work, and Step & Sweat is a quick 30 mins of jam packed cardio!

YOGA

Yoga can assist in managing stress and illness, increasing flexibility, and promoting relaxation. Our instructors give options and modifications to meet the needs of new health seekers and experienced yogis.

INSTRUCTIONAL YOGA

A combination of stretch and balance increasing a functional life-style. You'll experience flexibility, balances and core strength.

ZUMBA

Combining Latin and international music and dance to create a dynamic calorie-burning form of workout. This class features aerobic training that is a fusion of slow and fast rhythms to tone and sculpt your body.

QIGONG "Chee Gong"

Practice of slow, repetitive movements coordinated with breath and meditation, to open energy pathways. The practice is beneficial for people of all ages. It can be done standing up or sitting.

CYCLE

Choose the classic hour long ride, or challenge yourself with shorter, more intense interval training! Spin is low-impact calorie scorching cardio for all levels. Class size is limited.

PERSONAL DIETICIAN PROGRAM WITH CLINICAL DIETICIAN LESLIE STINE

Just like Personal Training, our new **Dietitian Services** offer one-on-one, personalized support to help you reach your health goals. Whether you're looking to improve overall wellness, manage a medical condition, fuel your workouts, or build healthier habits, our licensed clinical dietitian, Leslie Stine, provides expert guidance tailored specifically to you.

Rates	Member
60 min	\$50.00
30 MIN	\$40.00

WEDNESDAY, MAY 6th

9:00-11:00AM

SPRING
SENIOR
WELLNESS
DAY

WAYNESBORO AREA YMCA

FREE & OPEN TO THE PUBLIC

GROUP EXERCISE CLASSES ARE
FREE TO MEMBERS (Ages 13+)!

Schedules are available at member
services and on our website:

www.waynesboroymca.org

Keep up-to-date with
the Facebook Group:

Waynesboro YMCA Group Fitness

SilverSneakers Classic

Chair exercise class that allows participants to work on basic strengthening exercises from the seated position. The focus is on strengthening muscles and increasing range of motion without impact or overexertion.

SilverSneakers Circuit

Similar to the classic class, with the option for more vigorous movement. Participants should be able to stand for 45 minutes.

SilverSneakers Yoga

SilverSneakers Yoga will move your whole body through a series of seated and standing poses with chair support as needed. Restorative breathing exercises will promote relaxation while a variety of poses increase flexibility, balance, and range of motion.

PRIVATE YOGA SESSIONS WITH ROBIN

Personalized experience tailored to meet your specific needs, goals, and abilities.

„Single 45-minute session: \$40

•Package of 5: \$190

•Package of 10: \$380

Complete the request form at the member service desk.

PERSONAL TRAINING

Working with a trainer provides support, motivation, and accountability. Schedule a consult with a certified trainer to help develop realistic long and short term goals! Sessions are available in 60/30 minute packages.

To help our clients track their progress, we offer a complimentary InBody scan with every 5 session package purchased.

	Rates	Member
60 min	\$50.00	
30 MIN	\$40.00	

Everyone is Welcome Financial Assistance Program:

Financial assistance may be awarded for memberships, programs, BASC and summer day camps. We believe that no one should be denied access to the Y based on their ability to pay. Applications are available at the member service desk or online: waynesboroymca.org If you have questions, please contact lorim@waynesboroymca.org We rely on our generous donors for this assistance, please make a donation at waynesboroymca.org

**Pastor Frank Gordon,
Great Commission
Deliverance Ministries**

Everyone is welcome to attend the service at the Cookie Beck Memorial Pavilion at the Waynesboro Area YMCA.

**68th ANNUAL YMCA
GOOD FRIDAY SERVICE
April 3 2026 → 7:30-8:30 AM**

YMCA otherwise closed

**810 East Main Street
717-762-6012 (phone)
717-762-4368 (fax)
www.waynesboroymca.org**

BUILDING HOURS

Monday– Thursday	5:00a– 9:00p
Friday	5:00a– 7:00p
Saturday	7:00a– 4:00p
Sunday	1:00p– 5:00p

MEMBER SERVICES DESK:

Monday– Thursday	7:00a– 8:30p
Friday	7:00a– 6:30p
Saturday	7:00a– 3:30p
Sunday	1:00p– 4:30p

CHILD WATCH:

Monday– Thursday	8:30a– 12:00p & 4:30p–7:30p
Friday	8:30a– 11:00a
Saturday	8:00a– 11:00a
Sunday	CLOSED

**»2026 SPRING 1 SESSION:
March 2–April 26**

**»2026 SPRING 2 SESSION:
May 1–June 21**

**Registration Dates:
Members: March 30
NonMembers: April 6**

SUMMER CAMP!!!

Registration is now available! "It's fun to play at the YMCA!"

SAVE THE DATE

**Waynesboro Area YMCA
2026–2027 BASC Early
Registration Night**

Current BASC Families – Secure Your Spot by June 8th

**April 9, 2026
3PM–6:30PM**

HEALTHY KIDS DAY

Free To The Public!

APRIL 18th 10a–1p

175th ANNIVERSARY

PEANUTS LOWER SUGAR WAYNESBORO AREA YMCA
717-762-6012 waynesboroymca.org

**The Y WILL BE CLOSED:
GOOD FRIDAY, APRIL 3RD
EASTER SUNDAY, APRIL 5TH**

THANK YOU TO OUR SUPPORTERS:

The **M&T** Charitable Foundation

**You're invited to Rookie Camp!
Get the swim team experience!**

This 3 day program is for anyone ages 5–18 who is interested in the Waves Swim Team, but not sure if they're ready to join. Participants must be able to:

- » swim a 25 meter lap with their face in the water
- » 25 meter lap on their back
- » float on their front and back.

At the end of the week, the coaching staff will recommend a swim team level or swim lessons.

DATES: May 5-7th TIME: 5:15-6:00pm COST: FREE

STAFF DIRECTORY

Executive Director, Dr. Kim Eaton
kim.e@waynesboroymca.org

Finance Director, Beth Cool
beth.c@waynesboroymca.org

Outreach and Development Director, Kathy Bostic
kathy@waynesboroymca.org

Facility Director, Mike Decker
mike@waynesboroymca.org

Youth Development Director, Amy Donald
amy.d@waynesboroymca.org

Marketing and Development Director, Ian Sherlock
ian@waynesboroymca.org

Programs Director, Whitney Wolf
whitney@waynesboroymca.org **3-28-26**