

2026 SUMMER 1 BROCHURE: June 22–August 16

WAYNESBORO AREA YMCA

REGISTRATION: Members: June 1 | Non-Members: June 8



**MEMBERSHIP • SUMMER CAMP • SPORTS CAMPS
SUMMER CLASSES • 2026–27 SCHOOL AGED CHILDCARE**



WAYNESBORO AREA YMCA

COMMEMORATIVE CIRCLE

BE A PART OF THE Y'S COMMEMORATIVE CIRCLE!

Waynesboro Area YMCA

(717) 762-6012

810 E. Main Street

Waynesboro, PA 1728



2026 marks the 175th anniversary that the YMCA has been operating in the US. Collectively known as the Movement, YMCAs throughout the country have been helping people and communities learn, grow, and thrive since 1851.

- From the invention of basketball and volleyball, to group swim lessons, the YMCA has helped shape our interests and our communities and we're excited to celebrate this milestone with YMCAs near and far.
- At the same time, WAYNESBORO AREA YMCA is celebrating another important milestone —our 50TH YEAR anniversary at 810 EAST MAIN STREET.

We are so excited that we can celebrate the ways the YMCA has shaped both our community and our country and hope you'll join us.

MEMBERSHIP FOR ALL



BECAUSE UNLOCKING YOUR POTENTIAL MEANS EVERYTHING



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Membership

	Monthly
Youth (6-12 yrs)	\$18.00
Teen (13-18yrs)	\$21.00
Young Adult (19-23 yrs)	\$32.00
Adult (24-61 yrs)	\$46.00
One Adult Family	\$56.00
Two Adult Family	\$71.00
Senior (62+yrs)	\$41.00

Children Under 6 yrs old: must be associated with a family membership or pay non-member prices to participate in programs.

Full Time College Students: Undergraduate full-time college students may remain on a family membership until the age of 24. Proof of college attendance is required.

PAYMENT OPTIONS

MONTHLY DRAFT/PERPETUAL: Membership fees will be deducted directly from credit card or a specified bank account each month on the same day. This payment is perpetual and will continue until the billing member cancels the membership.

TERMED: These memberships have a fixed fee which is paid in FULL at time of registration. Member can purchase 3-month or 6-month membership options to coincide with your favorite programs.

ANNUAL: Member pays for membership in FULL at time of registration & RECEIVE A 5% DISCOUNT!

CREDIT CARD PROCESSING FEE: Beginning 6/20/26 a credit card processing fee will be applied. There will be no fees for Debit or EFT payments.

11th Annual Strokes, Spokes & Strides Triathlon

June 13, 2026

Waynesboro Area YMCA
810 East Main Street, Waynesboro, PA



Individual Sprint Triathlon, Duathlon, Aquavelo & Relay Options...there's something for EVERYONE!!!

RunSignup



REGISTER TODAY!!!

For \$10 off your registration fee use Discount Code: **YMCA2026**

<https://runsignup.com/Race/PA/Waynesboro/StrokesSpokesandStrides>

This is a USA Triathlon Sanctioned Event

2026 SUMMER CAMP

IT'S FUN TO PLAY AT THE YMCA

WAYNESBORO AREA YMCA

PARTICIPATING OPTIONS

Full Memberships: Full membership permits all YMCA privileges and full use of facilities (some areas are restricted by age).

Day Pass: Valid for one-day recreational use of facility: Adult:\$7, Young Adult:\$6, College Student

Teen: \$4, **Youth:** \$3 (must be accompanied by an adult)

Teen Day Passes **ARE NOT AVAILABLE** from school dismissal time through 6PM.

Active Duty Military: free access for the day (must present military ID) for a maximum of two consecutive weeks.

Athletic Club Locker Room: Open to adult members ages 19 years and older. Features include lockers for rent, sauna and steam room, and towel service. **MAC (Men)/WAC (Women):** \$10/month; **Locker rental:** \$5/month

Rental Lockers: Also available in General Locker rooms at \$5/month

Financial Assistance: Financial assistance may be awarded for memberships, programs, BASC and summer day camps. We believe that no one should be denied access to the Y based on their ability to pay. Applications are available at the member service desk or online:

waynesboroymca.org If you have questions, please contact kathy@waynesboroymca.org

Insurance Paid Memberships: We currently participate with SilverSneakers, Silver&Fit and Renew Active. Contact your insurance provider to get a confirmation number before you join; then simply stop by the Y to present photo ID and insurance card. Once information is collected, our staff will contact you to confirm eligibility at our Y.

Nationwide Membership (NWM): Members will be allowed access via NWM providing he/she has a current active membership with an NWM participating YMCA. Please bring your photo ID and YMCA ID to Member Services. Kindly note that a visiting NWM member must visit their home branch 51% or more each month; or, they will be asked to join our Waynesboro Area YMCA. Program-only participants (including Silver Sneakers, Silver & Fit, Active & Fit, Renew Active or other like programs) are not eligible for NWM access.

Medical Membership Hold: In the event of a medical emergency, the Y can place your membership on hold with a physician's note.

Manage Your Membership Online: whether you need to make changes to your membership, update your information, review your billing details, or cancel your membership, visit waynesboroymca.org You can contact our member service desk via phone:

717-762-6012 or e-mail:service@waynesboroymca.org.



AFTER HOURS ACCESS TO THE Y!

WORKOUT ON YOUR SCHEDULE WITH AFTER HOURS ACCESS TO THE Y.

HOW IT WORKS: AFTER HOURS is a membership add-on that gives adult members access to the Wellness Center and Functional Training Room during hours when the facility is closed. This includes late night, and early morning hours, extended hours on the weekends, holidays, and potentially during inclement weather closures.

For adult members in good standing and 18 years or older. Qualifying members must have an annual paid membership OR have a perpetual monthly draft associated with their account. This membership amenity is available to corporate membership types. Facilities will be monitored AFTER HOURS with state of the art surveillance equipment and equipped with two emergency beacons.

HOW TO PARTICIPATE

- Those with qualifying membership types must activate their AFTER HOURS membership at the Member Service Desk.
- Agree to the AFTER HOURS access waiver.
- Update your profile picture and review the special instruction brochure.
- Receive your AFTER HOURS magnetic fob \$25 fee.

HOPE STARTS HERE Cancer Support Program

Cancer affects the whole family. The Waynesboro Area YMCA is here to help families who are dealing with a cancer diagnosis in the family.

The Y is offering a variety of programs and support for the family.

- Memberships
- Personal Training and Programs
- Swim Programs including swim lessons for all ages

Let us know your family's needs so we can design a wellness program for you!

This program is partially funded by the Waynesboro Area Gala Cancer Auction.

For more information: visit waynesboroymca.org or call 717-762-6012 or e-mail ian@waynesboroymca.org



WAYNESBORO AREA YMCA SUMMER

Contact Amy Donald at amy.d@waynesboroymca.org for more information. 717-762-6012 ext. 107

Summer Camp is just around the corner, and the Y has an exciting summer in store! Summer Camp is available every weekday from 8:30am to 5:30pm beginning June 3 through August 13. Campers may choose to attend all 11 weeks or select specific weeks. Extended morning care options are available (7-8:30am).

- Full-Time:** \$175 Member / \$225 Non-Member
 - Part-Time:** \$125 Member / \$145 Non-Member
 - Extended morning care:** \$30 Member / \$65 Non-Member
 - Sibling Discount:** \$10 each week for the 2nd & additional children
- Non-refundable \$30 registration fee is due at the time of registration.

- Register your camper by the grade they are ENTERING into in the fall.
- **Entering Kindergarten:** Kinder Camp offers your camper the chance to build friendships by learning through play.
 - **Entering 1st-2nd grades:** We will spark your child's imagination and encourage your child to express themselves.
 - **Entering 3rd-4th grades:** Campers engage in fun experiences building confidence in a supportive environment.
 - **Entering 5th-6th grades:** Campers will embark on adventures that build character and promote responsibility.

Summer scholarships are available for students through THE FOUNDATION FOR ENHANCING COMMUNITIES. **Financial assistance** is available through the Y's Everyone is Welcome Financial Assistance Program.

Week	Dates	Themes
Week 1	June 3-5	Under the Big Top
Week 2	June 8-12	Y Sports & Talent Week
Week 3	June 15-19	Outdoor Explorers
Week 4	June 22-26	Backyard Scientist
Week 5	June 29-July 2	Red, Y-hite, Boom!
Week 6	July 6-10	Getting Messy in the Splash Zone
Week 7	July 13-17	What's on the Chopping Block
Week 8	July 20-24	Christmas in July Where the Y-ild things are!
Week 9	July 27-31	Spy Kids
Week 10	August 3-7	Superhero Pep Rally
Week 11	August 10-13	End of Summer Y-Olympics

THANK YOU TO OUR SUPPORTERS:

The **M&T** Charitable Foundation
PATRIOT FEDERAL CREDIT UNION

SCHOOL AGED CHILDCARE

2026-2027 Before & After School Program

Our BASC program provides a safe place for elementary school students between 6:30am and 6:00pm, when school is in session.

- WASD location is the elementary school the child attends.
- GCASD location is the Greencastle First Assembly of God.
- Two-day care minimum per program.
- There is a non-refundable \$50 per child
- Registration fee due at the time of enrollment.
- Financial assistance is available through the Y
- Everyone is Welcome Financial Assistance Program.
- Subsidized Child Care is available through Child Care Works

2026-2027 SCHOOL'S OUT CLUB

Grades K-5th School's Out Club is offered on most weekdays WASD is not in session. Register for as many days as you need. Bring a packed lunch, swimsuit, and towel. School's Out Club is a separate registration from BASC. School's Out Dates will be available at waynesboroymca.org

Time	Member per day	NonMember per day
7AM-5:30PM	\$35	\$41

BEFORE & AFTER SCHOOL CARE RATES 2026-27

WAYNESBORO AREA SCHOOL DISTRICT

(at Fairview, Hooverville, Mowrey, & Summitview Elementary Schools)

Before School Care (6:30 am-Start of school day)
Member Daily Rate: \$8.00
Non-Member Daily Rate: \$12.00

After School Care (School Dismissal-6:00 pm)
Member Daily Rate: \$14.00
Non-Member Daily Rate: \$21.00

GREENCASCADE-ANTRIM SCHOOL DISTRICT

(at Greencastle First Assembly of God for Greencastle Primary & Elementary Schools)

Before School Care (6:30 am-Start of school day)
Member Daily Rate: \$9.00
Non-Member Daily Rate: \$14.00

After School Care (School Dismissal-6:00 pm)
Member Daily Rate: \$16.00
Non-Member Daily Rate: \$22.00

MIDDLE SCHOOL ENGAGEMENT

Middle school students can stay active, learning, and engaged during their time out of school—a critical time for youth with plenty of fun, friendship, and hands-on experience! This program is made possible through the generous donation of the United Way of Franklin County.

Time	Member/Monthly	NonMember/Monthly
After school 5:30PM	\$40	\$60

SWIM LESSONS

FYI: POOL 1 is a large lap pool. POOL 2 is a small warmer pool.

The YMCA Swim Lesson Curriculum is a core group of aquatic skills every person needs to be safe around water. Level information is posted on the website, any questions, can be directed to Swim Lesson Coordinator at swimlessons@waynesboroymca.org **Parents accompany children in Level A & B for children 6 month-3yrs

POOL 1: SPRING 2 (8 weeks)

	LEVEL	DAY(S)	TIME	MEMBER	NM
YOUTH: AGES 6-15	YOUTH LEVEL 1	Mon/Wed	6:35-7:15p	\$107	\$170
		Saturday	9:00-9:40a	\$54	\$107
	YOUTH LEVEL 2	Mon/Wed	6:35-7:15p	\$107	\$170
		Saturday	9:40-10:20a	\$54	\$107
	YOUTH LEVEL 3/4/5	Mon/Wed	7:15-7:55p	\$107	\$170
		Saturday	10:20-11:00a	\$54	\$107

PRIVATE SWIM LESSONS

Private swimming lessons are offered on a limited basis. Please complete a lesson registration form and return it with payment to the member service desk. Price includes four-30 minutes lessons based on available pool time. Aquatics office will contact you to schedule lessons. Cancellations must be made 24 hours in advance or you will be charged for the missed session. Member: \$90.00 NonMember: \$160.00

AQUAFIT/ADULT AQUA

POWER HOUR-POOL 1

15 years & older One hour of high intensity aqua fitness program includes 30 minutes of cardio guaranteed to increase your heart rate and increase strength conditioning.

Day	Time	Member	NonMember
Mon./Wed./Fri.	9:30-10:30a	\$33.00	\$72.00

DEEP WATER-POOL 1

15 years & older One hour of deep water exercise includes warm up, flexibility and intense cardio exercises & cool down.

Day	Time	Member	NonMember
Tues./Thurs.	9:30a-10:30a	\$23.00	\$63.00

POOL 2: SPRING 2 (8weeks)

	LEVEL	DAY(S)	TIME	MEMBER	NM
PRESCHOOL: AGES 3-5	Level A**	Saturday	8:30-9:00a	\$72	\$112
		Saturday	9:00-9:30a	\$72	\$112
	PRE-SCHOOL LEVEL 1	Mon/Wed	5:30-6:00p	\$142	\$177
		Tue/Thur	9:00-9:30a	\$142	\$177
		Saturday	9:30-10:00a	\$72	\$112
		Saturday	10:30-11:00a	\$72	\$112
	PRE-SCHOOL LEVEL 2-3	Saturday	11:00-11:30a	\$72	\$112
		Mon/Wed	6:00-6:30p	\$142	\$177
		Saturday	10:00-10:30a	\$72	\$112
		Saturday	10:00-10:30a	\$72	\$112

SilverSneakers SPLASH! (in Pool 2)

A fun, shallow-water exercise class that uses a splash-board to increase movement and intensity options. Suitable for all skill levels and is safe for non-swimmers.

Days	Time	Member	NonMember
Mon./Wed.	7:30-8:30a	\$23.00	\$63.00
Tues./Thurs.	7:30-8:30a	\$23.00	\$63.00

ROM (RANGE OF MOTION) AQUATICS - Pool 2

15years&older OurROMclasshelpsrelievestiffness, increase flexibility and overall mobility. POOL 2

Day	Time	Member	NonMember
Mon.-Fri.	10:30-11:30a	\$46.00	\$94.00
Mon./Wed./Fri.	12:40-1:40p	\$33.00	\$72.00
Tues./Thurs.	10:30-11:30a	\$23.00	\$63.00

ACTIVE AQUATIC ADULTS (AAA)-POOL 2

15 years & older Aquatic class provides a lower impact aerobic workout which improves flexibility and cardiovascular strength.

Day	Time	Member	NonMember
Mon./Wed./Fri.	11:35a-12:35p	\$33.00	\$72.00

Little Ripples: Waves Swim Team Intro



11th Annual Strokes, Spokes & Strides Triathlon
June 13, 2026

RunSignup



SPORTS & RECREATION

PICK-UP BASKETBALL

Ages 15 and older Basketball play for any player.

DAY	TIME	MEMBER
Monday-Friday	12:00-2:30p	FREE

PICK-UP PICKLEBALL

Pickleball play for any player.

DAY	TIME	MEMBER
Monday-Friday	8:00-12:00p	FREE

WOMEN'S SUMMER VOLLEYBALL LEAGUE

League runs June 9-July 23 @Memorial Park

Team Roster Deadline June 1 (ages 14+)

email to whitney@waynesboroymca.org

Registration fee due by first game

DAY	TIME	MEMBER	NM
Tue/Thur	6:00p-dusk	\$40	\$65

Substitutes \$5 per game

SUMMER STRONG YOUTH (JUNE 10-JULY 29)

Ages 12-14 8 week educational program by the Y certified

personal trainer includes a safe intro to wellness

center/weight room and safe strength training.

DAY	TIME	MEMBERS
Wednesday	9:00-10:00a	\$65

SUMMER SPORTS CAMPS

Participating in sports at the Y is about building the whole child, from the inside out. Our core values of respect, responsibility, honesty and caring are a part of every sport camp we offer.

Running Clinic

Join a supportive beginner-friendly run/walk clinic.

DAY	TIME	MEMBER	NM
June 11:	9:00-10a	\$25	\$50
June 16:	6:00-7:00p		

Coming This Fall...

- Pickleball Clinics & Leagues
- Adult Basketball League
- Co-ed Volleyball League
- Introductory Gymnastics
- Tae Kwon Do

For more details on Sports and Recreation programs contact our Programs and Aquatics Operations Director, Whitney Wolf: whitney@waynesboroymca.org



Camp:	Time: 9-11AM Dates:	Age/Grade:	
Basketball Camp	June 8-11	K-1st Grade	Members: \$65 per child/camp NonMembers: \$95 per child/camp
Basketball Camp	June 15-18	2nd-3rd Grade	
Running Camp w/Coach Fuss	June 23-25	Ages 6-12	Contact whitney@waynesboroymca.org for more info.
Basketball Camp	June 29-July 2	4th-6th Grade	
Soccer Camp w/Coach Tanner	July 6-9	Ages 7-12	
Volleyball Camp	July 13-16	Ages 7-12	
Pickleball Camp	July 20-23	Ages 10-14	
All Sports Camp	July 27-30	Ages 6-12	

PROGRAM SPONSORS :

LIVES CHANGED BY CHRIST

Address: 13450 Midvale Rd, Waynesboro PA

Contact (717) 749-3451 waynesboro@lcbcchurch.com



BLUE GOOSE MARKET AND GIFT SHOP

Located in Hancock, Maryland

www.bluegoosemarkethancock.com



RAINBOW GYMNASTICS

71 W Main St, Waynesboro, PA

www.rainbowgymnasticspa.com

GROUP EXERCISE

GROUP POWER

Blast all your muscles with this hour long, high-rep weight training workout. Using an adjustable barbell, weight plates, and bodyweight, Group Power combines squats, lunges, curls and presses with a variety of functional integrated exercises.

STEP & GROOVE / STEP & CORE

Add some fun to your workout! STEP, SWEAT, & GROOVE by utilizing the step for leg and cardio endurance, and fun dance moves with low and high impact options. Step & Groove is 45 mins, Step & Core is 30 mins of step/30 mins of core work.

YOGA

Yoga can assist in managing stress and illness, increasing flexibility, and promoting relaxation. Our instructors give options and modifications to meet the needs of new health seekers and experienced yogis.

INSTRUCTIONAL YOGA

A combination of stretch and balance increasing a functional life-style. You'll experience flexibility, balance and core strength.

QIGONG "Chee Gong"

Practice of slow, repetitive movements coordinated with breath and meditation, to open energy pathways. The practice is beneficial for people of all ages. It can be done standing up or sitting.

CYCLE

Choose the classic hour long ride, or challenge yourself with shorter, more intense interval training! Spin is low-impact calorie scorching cardio for all levels. Class size is limited.

PERSONAL DIETITIAN PROGRAM WITH CLINICAL DIETITIAN LESLIE STINE

Just like Personal Training, our new Dietitian Services offer one-on-one, personalized support to help you reach your health goals.

Rates	Members	Whether you're looking to improve overall wellness, manage a medical condition, fuel your workouts, or build healthier habits, our licensed clinical dietitian, Leslie Stine, provides expert guidance tailored specifically to you.
60 min	\$50	
30 MIN	\$40	

RRCA CERTIFIED LEVEL 1 ADULT DISTANCE RUNNING COACH DAWN BERGQUIST:

Individual running coaching on road or trail for beginners or runners that have a specific health or running goal. Training plans, guidance on running form, shoes, support and accountability.

GROUP EXERCISE CLASSES ARE FREE TO MEMBERS (AGES 13+)

Schedules are available at member services and on our website:

www.waynesboroymca.org

Keep up-to-date with

the Facebook Group:

Waynesboro YMCA Group Fitness

SilverSneakers Classic

Chair exercise class that allows participants to work on basic strengthening exercises from the seated position. The focus is on strengthening muscle and increasing range of motion without impact or overexertion.

SilverSneakers Circuit

Similar to the classic class, with the option for more vigorous movement. Participants should be able to stand for 45 minutes.

SilverSneakers Yoga

SilverSneakers Yoga will move your whole body through a series of seated and standing poses with chair support. Restorative breathing exercises will promote relaxation while a variety of poses increase flexibility, balance, and range of motion.

PRIVATE YOGA SESSIONS WITH ROBIN

Personalized experience tailored to meet your specific needs, goals, and abilities. Single 45-minute session: \$40

•Package of 5: \$190 •Package of 10: \$380

Complete the request form at the Member Service Desk.

PERSONAL TRAINING

Working with a trainer provides support, motivation, and accountability. Schedule a consult with a certified trainer to help develop realistic long and short term goals!

Sessions are available in 60/30 minute packages.

To help our clients track their progress, we offer a complimentary InBody scan with every 5 session package purchased.	Rates	Member
	60 min	\$50.00
	30 min	\$40.00



Everyone is Welcome Financial Assistance Program:

Financial assistance may be awarded for memberships, pro-grams, BASC and summer day camps. We believe that no one should be denied access to the Y based on their ability to pay. Applications are available at the member service desk or online: waynesboroymca.org If you have questions, please contact lorim@waynesboroymca.org We rely on our generous donors for this assistance, please make a donation at waynesboroymca.org

PERSONAL RUNNING COACH

Dawn Bergquist



Training Plans (4-12 Weeks):

- Personalized plans + check-ins + coaching sessions
- Options available for all experience levels
- FREE CONSULTATION to discuss running goals!

CERTIFIED RUNNING COACH

For more details check out www.waynesboroyymca.org or contact whitney@waynesboroyymca.org

810 East Main Street
717-762-6012 (phone)
717-762-4368 (fax)
www.waynesboroyymca.org

BUILDING HOURS:

Monday-Thursday 5:00a-9:00p
 Friday 5:00a-7:00p
 Saturday 7:00a-1:00p
 Sunday CLOSED

MEMBER SERVICES DESK:

Monday-Thursday 7:00a-8:30p
 Friday 7:00a-6:30p
 Saturday 7:00a-12:30p
 Sunday CLOSED

CHILD WATCH:

Monday-Thursday 8:30a-12:00p & 4:30p-7:30p
 Friday 8:30a-11:00p
 Saturday 8:00a-11:00p
 Sunday CLOSED

2026 SPRING 2 SESSION:
May 1-June 21

2026 SUMMER 1 SESSION:
 June 22-August 16
 Registration Dates:
 • Members: June 1
 • NonMembers: June 8

CERTiGUARD

Safety Training, LLC.

REGISTER TODAY FOR UPCOMING COURSES AT THE WAYNESBORO AREA YMCA!

LIFEGUARDING RE-CERTIFICATION:

- May: 24th
- June: 14th

LIFEGUARDING INSTRUCTOR:

- June: 22nd - 23rd
- June: 14th (Recert)



REGISTER AT

www.certiguardsafetytraining.com
Click "Current Class Listings"

OR SCAN



Join Us for

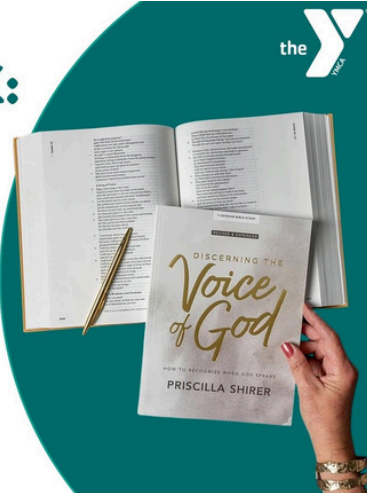
BIBLE STUDY BOOK:

Discerning the Voice of God
by Priscilla Shirer

EVERY TUESDAY
April 28-June 9

11:30 AM

Open to: Members and Non-Members



Led by: Sharon and Sam Divens
at the Waynesboro Area YMCA Community Room

Books can be purchased from Morning Star Gifts, Lifeway, or Amazon. A book is not required but recommended.

STAFF DIRECTORY

Executive Director, **Dr. Kim Eaton**

kim.e@waynesboroyymca.org

Finance Director, **Beth Cool**

beth.c@waynesboroyymca.org

Facility Director, **Mike Decker**

mike@waynesboroyymca.org

Youth Development Director, **Amy Donald**

amy.d@waynesboroyymca.org

Programs and Aquatics Director, **Whitney Wolf**

whitney@waynesboroyymca.org

Marketing and Development Director, **Ian Sherlock**

ian@waynesboroyymca.org



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